

Spiritual Reading Books by Contemporary Authors

a) Recent Roman Pontiffs

BENEDICT XVI *Saint Paul* (Ignatius Press)

Collects the teachings from Benedict XVI's general audiences on St. Paul, in the year dedicated to the Apostle to the Gentiles.

BENEDICT XVI *Jesus of Nazareth* (Doubleday)

Reflections on Jesus Christ, from his Baptism to the Transfiguration. The central theme is the revelation of his divinity.

BENEDICT XVI *Jesus, the Apostles and the Early Church* (Ignatius Press)

Study Guide for the Apostles by Pope Benedict XVI (Our Sunday Visitor)

Contains the Pope's catechesis between March 2006 and February 2007, dedicated to the apostles of the Church.

JOHN PAUL II *Rise, Let Us Be On Our Way* (Grand Central Publ.)

Memoirs and reflections on his twenty years as a bishop in Krakow, presenting a testimony of faith, optimism and love of God, from someone who didn't let fear dominate him in carrying out his duties amid great difficulties. Shows how God prepared the person who was to become one of the greatest popes in the Church's history.

JOHN PAUL II *Letters to My Brother Priests, Holy Thursday* (Scepter, Midwest Theological Forum)

John Paul II's Holy Thursday letters to priests from several years. Very useful for priests.

JOHN PAUL II *Gift and Mystery: On the Fiftieth Anniversary of my Priestly Ordination* (Doubleday, 1996)

His autobiographical memoirs and reflections on his priestly vocation.

JOHN PAUL II *My Dear Young Friends: Pope John Paul II Speaks to Teens on Life, Love, and Courage* (St. Mary's Press, 2001); *John Paul II, We Love You: World Youth Day Reflections, 1984-2005* (St. Mary's Press, 2005)

Words addressed to young people at the world youth day encounters.

JOHN PAUL II *Memory and Identity* (Easton Press, 2004)

This book arose from some discussions at Castelgandolfo with Professors Josef Tishner and Krystof Michalski. Some time later, the Pope read the transcript and decided to turn it into a book. Addresses key issues, such as the reality of evil, with deep intellectual insight. Useful for readers with good cultural formation.

JOHN PAUL II *Crossing the Threshold of Hope* (Knopf, 1995)

Interview with Italian journalist Vittorio Messori covering religious, doctrinal and moral issues of central concern today. John Paul II's vision is hopeful and positive. Useful for all.

Joseph RATZINGER *To look on Christ: Exercises in Faith, Hope, and Love* (Crossroad, 1991)
Reflections on the theological virtues.

Joseph RATZINGER *Salt of the Earth: The Church at the End of the Millennium: An Interview With Peter Seewald* (Ignatius, 1997)

A probing look at the life and thought of Joseph Ratzinger: his childhood, family and hobbies, priestly vocation and theological activity, involvement in the Second Vatican Council, and work as head of the Congregation for the Doctrine of the Faith. Addresses frankly and calmly the most pressing issues (liberation theology, bioethics, priestly celibacy, dissent...) as well as the situation of the Church in various countries and its relations with other religions. Confronts painful questions with great openness and honesty.

Joseph RATZINGER *The Spirit of the Liturgy* (Ignatius 2000)

Reflections on the mystery of Christian worship. Seeks to recover and foster a spirit of faith and piety in the celebration of the Sacrifice of the Mass, and to strengthen the link between liturgy and Christian life. For people with some theological formation.

Joseph RATZINGER *The Meaning of Christian Brotherhood* (Ignatius, 1993)

From a course he taught in the 1950's. Argues that the meaning of the term "brotherhood" depends, ultimately, on the concept one has of God and his fatherhood.

Joseph RATZINGER *Truth and Tolerance: Christian Belief and World Religions* (Ignatius, 2004)

Defends the faith in a multicultural context, arguing that faith transcends culture. A thoughtful book useful for responding to issues often confronted in the apostolate.

Joseph RATZINGER *God is Near Us. The Eucharist, the Heart of Life* (Ignatius Press, 2003)

These thirteen short chapters on the mystery of the Eucharist are from sermons delivered as archbishop of Munich. The topics are covered in a deep theological and spiritual way, resulting in a balanced and very useful synthesis of doctrine and piety. Although the tone is not academic or specialist, certain parts may require some basic cultural and theological formation, since the author seeks to illuminate some issues that have led to objections or doctrinal errors.

Joseph RATZINGER *God and the World: A Conversation with Peter Seewald*

Interview format addresses questions about God, Jesus Christ and the Church in the language of present-day culture. Will enrich the doctrinal formation of any reader who has a good intellectual level.

Joseph RATZINGER *Co-Workers of the Truth: Meditations for Every Day of the Year*

Recommendations and meditations for each day of the year.

Joseph RATZINGER *Ratzinger Report: An Exclusive Interview on the State of the Church*

Italian journalist Vittorio Messori interviews the then Prefect of the Congregation for the Doctrine of the Faith. The book identifies some dangers to the faith, but not in a pessimistic tone. It is also an invitation to hope and fidelity. Useful for doctrinal formation and for the apostolate.

Karol WOJTYLA *Love and Responsibility* (Ignatius Press, revised ed., 1993).

Study of sexual ethics in light of the dignity of the human person. Requires philosophical formation.

b) Various Authors

Javier ABAD *Cuando habla el corazón—n*

Aims at facilitating the practice of mental prayer, with abundant material from St. Josemaría and other selected quotes. Fosters a loving dialogue with our Lord and the Blessed Virgin Mary. Useful for everyone.

Javier ABAD *Fidelity - Tireless Perseverance in One's Vocation* (Sinag-Tala)

Attractive and clear book on the virtue of fidelity, practical ways of cultivating it, obstacles, etc. Useful for everyone.

Michael ADAMS *The Hard Life* (Four Courts Press, 1987; Scepter, 1997)

Concise, forceful and practical book, written for young people, with good arguments for overcoming lukewarmness and doubts of faith in the apostolate.

M. Mercedes ÁLVAREZ PÉREZ *Camino a Auschwitz*

Good biography of St. Edith Stein suitable for young people, covering the most significant events in her life. Written in a clear and direct style, it gives moving testimony to this contemporary saint's Christian courage, strength of character, life of contemplative prayer, and faithfulness to her vocation. Also persuasively shows her generosity in little things of ordinary life.

Franco AMERIO *La Dottrina della Fede*

Extensive and attractively-written explanation of Catholic doctrine covering dogmatic, moral, and spiritual topics. Defends the faith with solid reasoning and examples drawn from the human sciences. Frequently confronts widespread doctrinal errors, with an appendix on Catholic social teaching by Javier Hervada. Although written before the Catechism of the Catholic Church, it is a helpful and worthwhile book, especially for people with good cultural formation.

Félix María AROCENA *Contemplar la Eucaristía*

A selection of texts from the Magisterium and the Liturgy, with brief ascetical and doctrinal introductions.

Félix María AROCENA *En el Corazón de la Liturgia. La celebración—n Eucarística*

Comprehensive study of the Liturgy based on Scripture and tradition, with a pious reflection on the meaning of each element of the Mass. For people with some cultural and doctrinal formation.

Raphael BALBÍN *Sacrificio y alegría*

On the human and Christian meaning of mortification and penance, as a source of Christian optimism when seen as a sharing in Christ's suffering and death. Refers frequently to the spirit of the Work. Each chapter begins with some aspect of daily life. Useful for everyone.

Chamoine BARTHAS *Our Lady of Light* (Bruce Publ. Co, 1947)

Account of the apparitions at Fatima in 1917 that encourages devotion to our Lady, especially in praying the Rosary. Increases awareness of the evil of sin and the desire to atone through penance and mortification. All will find this book helpful.

Benedict BAUR *Frequent Confession* (Four Courts Press, Scepter)

A commentary on Pope Pius XII's teachings in the encyclical *Mystici Corporis* on the sacrament of Penance. Encourages readers to examine their conscience and to truly appreciate this sacrament. Covers the basics and is helpful for everybody, including those with more experience in the interior life.

Benedict BAUR *In Silence with God* (Scepter)

Seeks to foster a life of prayer and intimacy with God. Imbued with piety and doctrine, it offers a good overview of the interior life and ascetical struggle. Practical and easy to read. Very useful for everyone.

Benedict BAUR *Light of the World* (Herder Book Co., 1964)

Introduction to the meaning of the liturgy, through a study of the missal and breviary. Written with a sober style, it fosters piety and a desire to improve. For well-formed people.

Charles BELMONTE *Understanding the Mass* (Four Courts Press, Scepter)

Explains the Mass clearly and simply, covering each part of the liturgy and showing the centrality of the Mass in Christian life. Helpful to all.

Rod BENNETT *Four Witnesses: The Early Church in her Own Words* (Ignatius Press, 2002) An attractive introduction to the life and faith of the early Church through texts chosen from four Fathers of the Church: St. Clement of Rome, St. Ignatius of Antioch, St. Justin Martyr and St. Irenaeus of Lyon. Includes commentary by the author.

Robert Hugh BENSON *Confessions of a Convert* (Dodo Press, 2008)

Describes the author's gradual discovery of Catholicism, and the difficulties he had to confront: intellectual bias, sentimental attachments, external obstacles.... A clear and lively defense of the faith of the Catholic Church.

Robert Hugh BENSON *The Friendship of Christ. Exploring the Humanity of Jesus Christ*
(Scepter)

Opens with a brief description of the purgative, illuminative, and unitive way; then offers suggestions on how to find our Lord in his Sacred Humanity (in the Eucharist, the Church, the priest, the sinner, the sick). Finishes with reflections on Christ's seven last words on the Cross. A pious book with sound doctrine, suited to everyone.

MARIE VINCENT BERNADOT *From Holy Communion, to the Blessed Trinity* (Newman Press, 1959)

This short, pious book considers our union with Christ in the Eucharist and, in Him, with the Blessed Trinity. Especially helpful for fostering greater devotion to the Blessed Trinity and receiving Holy Communion more fruitfully.

Eugene BOYLAN *Difficulties in Mental Prayer* (Sinag-Tala, Scepter)

Advice on how to pray and overcome difficulties in prayer (distractions, dryness, etc.). Written clearly and simply, it is very useful for everyone.

Eugene BOYLAN *Partnership with Christ* (Mercer Press, 1978)

Fosters trust in God as the foundation for our struggle for holiness. Easy to read.

Eugene BOYLAN *The Mystical Body* (Mercier Press, 1947,1964)

Explains how the Church is Christ's Mystical Body, with practical suggestion for the interior life. Easy to read, with many practical examples. Very useful for those with some theological formation.

Eugene BOYLAN *The Spiritual Life of the Priest* (Newman Press, 1959); *The Priest's Way to God* (1962)

Although written for priests, this book can benefit everyone. Covers the principal points of the interior life: the Holy Mass, mental prayer, spiritual reading, devotion to the Holy Spirit, humility, right intention, union with Christ.

Eugene BOYLAN *This Tremendous Lover* (Christian Classics)

Thorough study of our incorporation in Christ through grace. A Christ-centered presentation of the Sacraments, prayer, mortification, spiritual reading, and other aspects of the interior life, with many useful suggestions. Has proved very useful for acquiring a doctrinal piety. Of benefit to everyone.

Jutta BURGGRAF *Libertad vivida con la fuerza de la fe*

An essay on Christian freedom, presented in a systematic and clear manner. Urges readers to open their heart to God's grace, in a trusting filial relationship.

Cormac BURKE *Conscience and Freedom*, (Sinag-Tala, 1977, 1992)

Contains four essays, two on conscience and two on freedom. Describes the crisis that rejecting objective truth provokes. For people with a solid cultural background.

Cormac BURKE *Covenanted Happiness* (Scepter)

Explains clearly the reasons for the unity and indissolubility of marriage. The focus is doctrinal rather than ascetical. For people with a good cultural level.

L. Joseph CALLENS *La Pédagogie du Saint Esprit*

Covers a wide range of topics: hunger for God, grace, inspirations of the Holy Spirit, our response to God, a spirit of mortification, detachment, abandonment, purification, etc. Requires some formation.

L. Joseph CALLENS *Our Search for God* (Herder, 1964)

Emphasizes the need to be close to Christ in the Blessed Sacrament and to abandon ourselves to the divine Will in order to attain true union with God.

Salvador CANALS *Jesus as Friend* (Four Courts Press, Sinag-Tala, Scepter, 1997) Covers basic topics of the interior life, in light of the spirit of the Work, including common difficulties and how to resolve them. Clear and direct. Very useful for all.

A CARTHUSIAN *Das Leben in Gott*

A short treatise on the need for prayer and God's sanctifying work. Also includes sermons on some liturgical feasts. Deep reflections expressed with simplicity, helping one focus on what is essential in the interior life. Useful for everyone.

A CARTHUSIAN *La Sainte Trinité et la vie surnaturelle*

Sets forth the mystery of the Blessed Trinity, seeking to foster personal friendship with the three Divine Persons. For people with good theological formation.

José María CASCIARO *Jesús de Nazareth*

Professor of Sacred Scripture offers a series of reflections on our Lord, including how to talk to him in prayer and become more familiar with the Gospels.

Enrique CASES MARTÍN *Los Doce Apóstoles*

On the twelve Apostles and how God's grace helped each one become a saint and pillar of the Church, despite their defects and rough edges. Stresses the importance of being faithful, loyal and noble. An early chapter deals with God's call and its theological and ascetical implications; another chapter focuses on Judas' betrayal. Frequently quotes St. Josemaría. Best suited for people with some general culture.

Jean Baptiste CHAUTARD *The Soul of the Apostolate* (TAN Books, 1977)

Spells out how interior life is a prerequisite for a fruitful apostolate. Written by a Trappist monk, it can give the impression that the apostolate consists primarily in carrying out parish and other social work. But keeping this in mind, the book is useful for everyone.

Gilbert Keith CHESTERTON *St. Thomas Aquinas: The Dumb Ox* (Image, 1974) Chesterton's lively style and telling anecdotes make this biography attractive,

helping one appreciate the doctrinal and cultural importance of St. Thomas' writings. An important book of apologetics. Very useful.

Georges CHEVROT *Dans Le Secret*

Exhorts the reader to strive for a deeper interior life and a right intention, with reflections mainly on the last part of the Sermon on the Mount. The chapters on trusting and sincere prayer, union with God's will (to want and to do what God wants), and Christian asceticism are particularly good.

Georges CHEVROT *ÒEt Moi, Je Vous Dis...Ó*

A commentary on the Sermon on the Mount (Mt 5:17-48), complementing the book above. Useful for all.

Georges CHEVROT *The Well of Life* (Sinag-Tala, Scepter, 1983)

Commentary on our Lord's encounter with the Samaritan woman (Jn 4:6-42), with practical applications for Christian living.

Georges CHEVROT *On the Third Day* (Scepter, 1961)

Commentary on our Lord's resurrection and ascension into heaven, with a brief explanation of the liturgy of the Easter season.

Georges CHEVROT *The Prodigal Son* (Scepter)

Reflections on the parable of the Prodigal Son that help that help the reader to appreciate God's mercy and to value contrition and the sacrament of Penance. Includes a short chapter on our Lady's spiritual maternity and one on the parable of the lost coin. Written with clarity and simplicity, it is good for everybody.

Georges CHEVROT *The Eight Beatitudes* (Sinag-Tala)

Simple commentary on the Eight Beatitudes. The chapters on the paradox of happiness, the importance of humility, self-mastery, zeal for holiness, and being a person of integrity are especially good.

Georges CHEVROT *Les petites vertus du foyer*

Collection of talks on virtues needed to get along with others, especially gratitude, patience and sincerity, which foster unity and peace within the family. Easy to read and practical, especially for those whose work involves homemaking.

Georges CHEVROT *Our Mass* (Liturgical Press, 1958)

Written before the liturgical reforms of Vatican II, it explains the Mass step-by-step, giving the historical background of each part. Offers suggestions on how to participate more fully in the liturgy and unite one's daily actions with the Mass. The style is simple and easy to read.

Georges CHEVROT *Simon Peter* (Scepter, 1959)

Gospel-based biography of St. Peter that also explains the figure of the Roman Pontiff in the Church. Written in an attractive manner and with deep piety, it encourages the reader to begin and begin again in the struggle for holiness, despite weaknesses and mistakes. Very useful for everyone..

Jean DAUJAT *The Faith Applied* (Scepter, Sinag-Tala)

Discusses the universal call to holiness, lukewarmness, mental and vocal prayer, presence of God, union with Christ, the meaning of the sacraments, and the Church's Magisterium.

Dorothy DOHEN *Journey to Bethlehem* (Fides Publishers, 1958)

In short chapters, the author presents Christian life as an on-going preparation, through growing in virtue, to receive Christ into our soul.

Dorothy DOHEN *Vocation to Love* (Sheed & Ward, 1951)

Centered on charity as the fullness of Christian life. Shows why charity gives life to all the other virtues, the value of detachment, and the need to unmask false expressions of human love. Easy-to-read, with many examples and stories from daily life.

Mercedes EGUIBAR GALARZA *¿Por qué se amotinan las Gentes?*

Commentary on Psalm II in light of St. Josemaría's teachings. Stresses especially freedom, sincerity, following Christ (Christian vocation, interior life), divine filiation, the need to acquire good formation and to do apostolate.

Mercedes EGUIBAR GALARZA *Vida de infancia espiritual*

On divine filiation as manifested in the life of spiritual childhood. Doctrinally correct, easy to understand, and with a lively and warm but not sentimental style. The authors cited are St. Josemaría, St. Therese of Lisieux and St. Faustina Kowalska. The texts are well chosen. It fosters filial piety and is useful for all readers.

Michel ESPARZA *Amor y autoestima*

Fosters self-knowledge and provides guidance on how to love. The style is pleasant and penetrating, with insightful points on Christian humility and self-forgetfulness, pride, and the causes of failed love. Makes interesting points about human affections, inner freedom, the energies of the heart, and self-delusion. Helps the reader understand why God's Love is the only path to true self-fulfillment. In a warm and appealing way it discusses divine filiation, friendship with Christ, and the Father's mercy, while giving guidance on how to grow in God's Love.

Julio EUGUI *Dios, Desconocido y Cercano*

Explains the main Christian mysteries in easy-to-read language with abundant examples. Good for those who need basic doctrinal formation.

Jean De FABREGUES *El Santo Cura de Ars*

Easy-to-read biography that urges the reader to love God wholeheartedly. For well-formed people.

Walter FARRELL; Martin J. HEALY *My Way of Life: Pocket Edition of St. Thomas's The Summa Simplified for Everyone* (Confraternity of the Precious Blood, 1952) Summary of Walter Farrell's longer book, *A Companion to the Summa*. An easy-to-read summary of the teachings of St. Thomas that follows the structure of the *Summa Theologica*: Part I, God and creatures (the existence of God, the

Blessed Trinity, creation, etc.); Part II, man, made in God's image (happiness, morality, sin, the law, grace, virtues, etc.); Part III, Jesus Christ (the Incarnation, Redemption, the Sacraments). The portions on Mariology and on the Church are somewhat incomplete. Very useful for deepening one's knowledge of Christian doctrine.

Eugenio FENOY; Javier ABAD *Marriage, a Path to Sanctity* (Sinag-Tala) A good guide for married couples and those preparing for marriage. Presents marriage as a path to holiness and the positive meaning and value of conjugal chastity. Stresses the apostolate carried out within the family, often quoting St Josemaría.

Francisco FERNÁNDEZ (CARVAJAL) *Como quieras tæ. Cuarenta meditaciones sobre la Pasión del Señor*
Reflections on the Passion, with many references to the Fathers, the Magisterium, and some spiritual writers, particularly St. Josemaría. The texts are brief, interspersed with anecdotes and practical suggestions. Good for all.

Francisco FERNÁNDEZ (CARVAJAL) *In Conversation with God* (Scepter)
Seven-volume collection of meditations for each day of the liturgical calendar, including many feast days. It often refers to the Magisterium, the Church Fathers, and the saints, especially St. Josemaría. Useful for all.

Francisco FERNÁNDEZ (CARVAJAL) *Lukewarmness* (Sinag-Tala, Scepter)
Sets forth the dangers and signs of lukewarmness, and how to resist it effectively and overcome any discouragement. Easy-to-read and suitable for all.

Francisco FERNÁNDEZ (CARVAJAL) *Vida de Jesæs*
Reflections on the Gospels that draw on historical knowledge about the epoch in which Christ lived. With frequent references to St. Josemaría's writings, it helps the reader to become Jesus' friend, as a real, living person. Useful for all.

Louis Claude FILLION *The Life of Christ: A Historical, Critical, and Apologetic Exposition*
(Herder, 1948)
An extensive life of Christ that makes good use of historical and geographical facts to help in contemplating the Gospel scenes. Solid doctrinal and ascetical insights. Useful for everyone.

Francisco X. FORTÚN *El Sagrario y el Evangelio*
Contains 76 short meditations on the Blessed Eucharist written by a Benedictine priest. Each meditation ends by asking the Holy Spirit to grant a stronger love for Jesus in the Blessed Sacrament in the point just contemplated.

Antonio FUENTES MENDIOLA *El Sentido Cristiano de la Riqueza*
Presents the Christian meaning of material goods and the virtue of poverty in two parts: "The riches that set us free" and "The challenges of a consumer society." Written for ordinary Christians living in the world, it comments on our Lord's Gospel teachings and example, urging the reader to be detached but also to use material goods to benefit others. Stresses the Christian duty to work hard and well, for love of God and the good of mankind.

Antonio FUENTES MENDIOLA *La Aventura Divina de Mar'ía*

A simple introduction to our Lady's life presenting her as an attractive model for young people. Stresses Mary's youthful love and irrevocable self-giving, with freedom and joy, in her *fiat* to God's will.

José Antonio GALERA *Sinceridad y Fortaleza*

Explains briefly and simply the need for the human virtues in leading a Christian life, with examples from daily life. A down-to-earth and practical consideration of sincerity. Especially helpful for those at the early stages of the interior struggle.

Ángel GARCÍA DORRONSORO *Tiempo para creer*

A pleasant and easy-to-read collection of TV talks that help the reader to reflect on God's love, his goodness to us, and how to respond in our daily life by working well, in God's presence, doing everything for his glory.

Reginald GARRIGOU-LAGRANGE *Priesthood and Perfection* (Newman Press, 1955) Written for priests, it stresses the priest's duty to seek holiness, focusing on the need for interior life in the priestly ministry, on some priestly virtues, and on the importance of mental prayer and Eucharistic worship.

Reginald GARRIGOU-LAGRANGE *The Three Ages of the Interior Life* (TAN Books) Extensive treatise on ascetical and mystical theology that is deep and imbued with piety. Systematically outlines many key elements of the spiritual life, dealing extensively with the virtues and the life of prayer. It follows the classical division of the three stages of spiritual life, but the reader should realize that this is not a rigid division, despite the impression the author might give. Although not written in view of the vocation and mission proper to the laity, it contains much good doctrine for the discriminating reader. Those experienced in the interior struggle will benefit most; priests may find it helpful for their work of spiritual guidance.

Alban J. GOODIER *The Passion and Death of Our Lord Jesus Christ* (St. Paul Books and Media)

This account of our Lord's Passion and Death frequently quotes St. Augustine and St. Catherine of Sienna, along with some contemporary spiritual writers.

Alban J. GOODIER *The Public Life of Our Lord Jesus Christ* (St. Paul Books and Media) A well-written account of Christ's public life, with many examples and stories.

Richard GRÄF *The Power of Prayer* (Newman Press, 1961)

Explains how Christian prayer is inseparable from the sanctifying grace we receive in the sacraments. Stresses the need for prayer and its goal: intimacy with God. Written around 1940.

Richard GRÄF *Lord, Teach us How to Pray* (F. Pustet Co, 1952) Similar to the previous work.

Cardenal Georges GRENTE *Our Father* (Scepter, 1997)

Study of the Lord's Prayer with many good insights about divine filiation, presence of God, Christian hope, God's will, the Eucharist, understanding others, etc. It addresses especially the mystery of suffering and sin. Useful for all.

Joseph GRIFONE *Des fvangiles ^ JŽsus-Christ*

Structured along three steps, based on St. Josemaría's advice: "May you seek Christ, may you find Christ, may you love Christ." Blends doctrine and Christian life, stressing the transformation in Christ through the action of grace. Very useful for all.

Romano GUARDINI *Conscience* (Sheed & Ward, 1932)

Seeks to foster contemplation and to help the reader discover God's voice both within the soul and in daily life. Stresses the need for the human and supernatural means (dedicating time to God, interior mortification....). Helpful for people with intellectual formation.

Romano GUARDINI *The Lord* (Regnery, 1952, 1982)

Meditations on Jesus Christ that follow the Gospel narrative, seeking to discover our Lord's personality. Teaches the reader how to enter into the Gospels, and is useful for spiritual reading and mental prayer. For readers with some formation.

Romano GUARDINI *The Art of Praying* (Sophia Institute Press, 1994)

Shows how to make progress in the practice of mental prayer and overcome distractions. It explains prayer as a time of work, and outlines several different approaches to prayer. Includes a section on divine Providence. For readers with cultural and doctrinal formation.

Scott HAHN *Hail, Holy Queen: The Mother of God in the Word of God* (Doubleday, 2001)

The author explores the biblical and theological foundations of Marian devotion, in light of his own conversion from Presbyterianism. Defends devotion to our Lady, and explains her role as *corremptrix*.

Scott HAHN *Lord, have Mercy: The Healing Power of Confession* (Doubleday, 2003) Explains clearly and in a colloquial language that employs many puns, the scriptural foundation of repentance and confession. Useful for those beginning the Christian path, helping them to understand and take better advantage of the sacrament of confession. Provides valuable suggestions for an apostolate of confession.

Scott HAHN *Swear to God: The Promise and Power of the Sacraments* (Doubleday, 2004)

Goes back to the sources in Scripture and Tradition to explain the importance and richness of the seven sacraments established by Christ: doctrine, symbolism, history and rituals. The author narrates his personal experience and discovery of sacramental life, and helps the reader to understand the need for the sacraments in God's plan of salvation.

Scott HAHN *The Lamb's Supper: The Mass as Heaven on Earth* (Doubleday) Develops the thesis that the book of Revelation is the best spiritual commentary on the Holy Mass: the heavenly Liturgy is the paradigm for the earthly Liturgy. The Mass, in turn, is seen as the key to interpreting the last

book of the Bible. Written with depth and piety, it is helpful for strengthening the faith and piety of all who take part in the Eucharist.

Adalbert Gautier HAMMAN *La vie quotidienne des premiers chrétiens*

A good introduction to the Fathers of the Church. The author has also written other books on particular aspects of the lives of the early Christians, such as prayer. Highly recommended.

Charles HAURET *Les Adieux du Seigneur*

Ascetical commentary on chapters 13 to 18 of St. John's gospel that is somewhat labored, with several digressions. But it can help those with experience in the interior life to contemplate the Last Supper and our Lord's priestly prayer.

Kilian J. HEALY *Walking with God (Sinag-Tala)*

In this brief work, a Carmelite priest gives practical advice on how to grow in interior life: finding God in and through creatures; offering one's life in union with Christ; becoming more aware of the indwelling of the Blessed Trinity in our soul in grace; remembering to say aspirations throughout the day, etc. Written in a simple and clear style.

José María HERNÁNDEZ DE GARNICA *Perfección y Laicado* Written in 1955. Discusses the universal call to holiness and how ordinary faithful can strive for sanctity in the world, often quoting St. Josemaría. Draws practical consequences from the fact that the laity share in Christ's priestly, prophetic and kingly "munera."

Joseph HOLZNER *Paul of Tarsus (Scepter)*

Extensive biography (530 pages) of St. Paul, closely based on the New Testament and other historical sources; includes chronological tables and appendices. Stresses St. Paul's virtues, fidelity to his vocation, union with God, apostolic zeal in overcoming obstacles, etc. Outlines St. Paul's teaching in the context of the Jewish and pagan world, helping the reader to better understand St. Paul's letters. Very informative and useful for all.

Georges HUBER *My Angel Will Go Before You (Four Courts Press, Scepter)*

Briefly outlines the Church's teaching on the angels, drawing on the experience of some saints and mystics. Fosters devotion to the guardian angels. Written in a journalistic and clear style.

Hubert JONGEN *Onze Lieve Vrouw van Fatima*

An easy-to-read book on the apparitions of our Lady in Fatima. It often quotes Sor Lucia and fosters love for Mary, prayer, and doing penance for sins.

Charles JOURNET *The Meaning of Grace (Scepter)*

A clear theological exposition of the mystery of grace.

Charles JOURNET *The Mass: The Presence of the Sacrifice of the Cross (St. Augustine Press, 2008)*

A clear and systematic summary of Eucharistic doctrine. Very useful for growing in Eucharistic piety.

Ronald A. KNOX *A Retreat for Lay People* (Roman Catholic Books, 1990)

Series of retreat meditations on creation, sin, grace, our Lord's life, passion and death, etc. Each topic is applied to daily Christian life, urging the reader to make resolutions (to say the Rosary, be kind to people, embrace the Cross with love, etc.) Originally preached to university students.

Ronald A. KNOX *A Retreat for Priests* (Sheed & Ward, 1955)

18 conferences for priests' retreat on Holy Orders, sin, the Incarnation, our Lord's passion and death, detachment, the Eucharist, death, the need for vigilance, priestly dignity, hell, the Divine Office, meekness, prayer, sanctifying grace, our Lady, etc. Each talk begins with a scene from Scripture, and then draws practical applications for one's life. Sound doctrine expressed in an original way..

Ronald A. KNOX *The Hidden Stream* (Ignatius Press, 2002)

Series of talks of apologetics for Oxford University Catholic students, expressed with great wit and humor. On our knowledge of God, faith, miracles, Christ's divinity, the Church, sin, marriage, resurrection from the dead, etc. Very useful.

Ronald A. KNOX *The Pastoral and Occasional Sermons* (Ignatius Press, 2002)

These sermons, originally entitled "The Window in the Wall," cover the *Our Father*, Christ's temptations, the Sermon on the Mount, the meaning of suffering, etc. The 26 sermons were originally preached for the yearly feast of Corpus Christi in London from 1926 onwards. The apologetical zeal and deep insight make the book particularly suitable for those in contact with Protestants.

Robert de LANGEAC *Living in God* (Newman Press, 1954)

The author's personal experience of God's action in his soul, drawing him to union with Him and to apostolic effectiveness. For well-formed people.

Edward LEEN *The Holy Ghost and his Work in Souls* (Sheed, 1946; Scepter, 1998) Emphasizes the

indwelling of the Holy Spirit in souls, divine filiation, and the virtues and gifts. Contains solid considerations for one's interior life. Useful for well-formed people.

Edward LEEN *Why the Cross?* (Scepter, 2002)

Contrasts the tree of death in the Garden of Eden that ushered in sorrow, pain and death, and the tree of life (the Cross on Calvary) which brought about our salvation and redemption. Draws applications to Christian life in today's world. The author writes with faith and piety. For people with some cultural formation.

Vital LEHODEY *Holy Abandonment* (M.H. Gill, 1951)

Cistercian monk explains how to accept and embrace God's will. Reflects on prudence, accepting suffering joyfully, how to live holy abandonment, etc., offering examples from monastic life, many of which can be applied to the life of ordinary Christians in the world.

Mauro LEONARDI *Mezz'ora di orazione*

A guide to mental prayer. Stresses that personal dialogue with God is the source of inner peace. Useful for people who want to begin or improve their interior life.

Camilo LÓPEZ PARDO *El Avemar'a*

Commentary on the Hail Mary, with a simple, personal style that fosters meditation. Includes short doctrinal reflections with quotations from classical authors.

Camilo LÓPEZ PARDO *Sobre la Vida y la Muerte*

Summary of the Church's teaching about the next life presented with optimism and theological depth. With many practical suggestions on sanctifying daily life. The author frequently quotes St. Josemaría.

Juan Luis LORDA *Moral. El Arte de Vivir*

A summary of Christian moral teaching written for university students. Contains many useful examples and analogies. Helpful for apostolate with people with little faith or who don't practice their faith.

Juan Luis LORDA *Para Ser Cristiano*

Advice on how to grow in human and Christian virtues, including presence of God, fortitude, detachment, joy, etc. The second half considers ascetical topics and aspects of our Lord's life. Written in an attractive style. Intended mainly for university students.

Joseph LUCAS *Wir Kinder Gottes*

Religious missionary describes the greatness of divine filiation and its consequences: imitating Christ, childlike conversation with God, freedom, work, accepting suffering and death, apostolate, etc. Published in Spanish in 1963 as *Nosotros, hijos de Dios*.

Sor LUCIA *Fatima in Lucia's Own Words: Sister Lucia's Memoirs* (Postulation, 1976) Recollections of the Fatima apparitions, as requested by ecclesiastical authorities.

Written in a simple and spontaneous style fostering devotion to our Lady. Sor LUCIA

Apelos da Mensagem de Fátima

A summary of the principal "calls" of our Lady to Jacinta, Francisco and Lucia: to faith, worship, sacrifice, intimacy with the Trinity, the sanctity of the family, Christian perfection.... Also contains the childhood memories of the three shepherds and a simple but deep catechesis on the Ten Commandments and the fifteen mysteries of the Rosary. For everyone.

Francisco LUNA *La Misa*

Brief and simple booklet on the Mass. Part one is an introduction on sin, Calvary, the altar, and what it means to participate in the Mass. Part two explains the meaning of the rites and prayers. Part three is on the Sunday obligation, how to prepare for Mass and give thanks afterwards. Written with piety.

MACHADO, Raul *Historia Sagrada. Adaptación del libro de J. Ecker: Biblia de las escuelas, 1958*

Overview of the Old and New Testament for schoolchildren. Contains explanatory notes and summaries to facilitate understanding of the sacred text, especially for those with little cultural and religious formation.

José Pedro MANGLANO CASTELLARY *El libro de la confesión—n. El enigma de la culpa*

An effective introduction to the central theological and ascetical aspects of the sacrament of Confession. It makes reference to well-known characters in literature to discuss the concepts of repentance, guilt, forgiveness, sanctifying grace.... Recommended for catechesis with young people, and also for spiritual reading for adults and adolescents.

José Pedro MANGLANO CASTELLARY *El libro de la Misa. Los secretos de un misterio*

An effective guide to living the Mass better. Through pictures and characters drawn from literature, the author reviews the principal themes of the liturgy in an attractive way, in keeping with the dignity and depth that the topic requires. Useful for giving classes to young people, as well as for spiritual reading.

Raimondo MARCHIORO *La confesión sacramental*

A simple and practical book on the sacrament of Penance, with an appendix for priests and another on Indulgences. Resolves difficulties often faced by the faithful in receiving the Sacrament (questions about the material and moral integrity of the confession, *ex opere operato* efficacy of the absolution, etc.). Encourages frequent confession. Recommended for all.

Cardinal Josef MINDSZENTY *The Mother* (Radio Replies Press, 1949)

Describes the ideal of motherhood that we find in Scripture, realized fully in Mary, Mother of God and our Mother. Strongly defends the indispensable role of a woman, as wife and mother, in the family. Although written in the 1940's, it has great relevance for today's society.

Jorge MIRAS *Christ's Faithful in the World: The Secular Character of the Laity* (Librairie Wilson & Lafleur Limitee, 2008)

The author, a professor of Canon Law at the University of Navarre, discusses the vocational meaning of Christian life in the world. Shows in a practical way how to harmonize the requirements and duties of family, professional, social and political life with the universal call to holiness.

José MORALES *Fidelidad*

Discusses the human and supernatural dimensions of this virtue, and how to become more loyal in one's commitments to our Lord. Especially suited to people with some experience in the interior struggle.

Luigi MORESCO *La Madonna di Fatima*

A simple narration of the apparitions in Fatima and the life of the three shepherds that fosters prayer, penance and conversion.

Franz M. MOSCHNER *Christian Prayer* (Herder, 1962)

Contains practical suggestions for deepening one's prayer life. Stresses personal effort and struggle, responding to God's grace, and rejecting quietism. For people with some formation.

Franz M. MOSCHNER *The Kingdom of Heaven in Parables* (Herder, 1960)

Collection of various articles written to console those suffering the consequences of World War II, with guidelines for reflecting on the "Kingdom of Heaven." A bit dry, but also quite formative. For people with a good cultural level.

Franz M. MOSCHNER *Rosa Mystica*

Doctrinal and affective reflections on the Litany of Loretto's invocations, one by one. Good for growing in doctrinal piety in praying the Rosary.

Juan MOYA *Imitar a Mar'a. Novena a la Inmaculada*

Meditation and prayer topics for each day of the Novena to the Immaculate Conception, centered on our Lady's love for us, her vocation, the virtue of holy purity, Confession, Christian optimism, the call to holiness, etc. Contains frequent quotes from the Liturgy and John Paul II. The author challenges the reader to overcome passivity. Written in a simple style, directed to students.

NOUWEN, Henri J.M *The Return of the Prodigal Son: A Story of Homecoming* (Image-Doubleday, 1994)

Meditations on the parable of the prodigal son, based on Rembrandt's famous painting.

Fernando OCÁRIZ *Amor a Dios, Amor a los Hombres*

A brief work on the twofold precept of charity, addressing errors that separate love of neighbor from love of God (liberation theology, seeing the Church's mission as focused on this world, etc.). Helps the reader to appreciate unity of life, showing the essential connection between the theological virtues and a generous spirit of service to neighbor. Rich in doctrine and easy to read. Very useful for all.

José ORLANDIS *El espíritu de verdad*

An essay published in 1968 on our knowledge of the truth and its moral consequences. Confronts skepticism and relativism and defends the Christian faith, the objectivity of our knowledge of external reality, the possibility of communicating truth to others, the harm done by lying, and the moral greatness of authenticity and sincerity in word and conduct. For those with adequate culture.

José ORLANDIS *The Christian in the World* (Scepter, 1960)

Starts with an overview of contemporary culture and then encourages the reader— with a positive, energetic and apostolic outlook—to carry out the Christian mission. Requires some cultural formation.

José ORLANDIS *Y vosotros, ¿quiéñ dec's que soy yo?* A good compendium of how the first Christians lived.

Antonio OROZCO *Mirar a Mar'a*
Meditations on the Blessed Virgin Mary, written with insight and devotion.

Antonio OROZCO *Resurrecci—n*
Meditations on various Gospel scenes, in dialogue with Christ: the Annunciation, Bethany, the Cenacle, the disciples on the road to Emmaus, the second miraculous catch of fish, the Ascension, etc. This simply written book helps the reader to seek friendship and intimacy with Christ.

Pius PARSCH *The Liturgy of the Mass* (Herder, 1936)
A simple and brief explanation of the Mass. Summarizes the history of the liturgy right from the early Church and explains the meaning of each part of the Mass. Although published in the 1920s, it is still useful.

Fray Justo PEREZ DE URBEL *Vida de Cristo*
Life of Christ based on sound traditional exegesis, especially when discussing more difficult Gospel passages. At times quite poetic in style. Presents scenes of our Lord's life in a way that moves the reader to prayer and piety. Helps one to immerse oneself in the Gospels and to get to know Christ's Sacred Humanity. Useful for everyone.

José Miguel PERO-SANZ *El s'mbolo Atanasiano*
Commentary on the Athanasian Creed that helps the reader to pray. Draws out many practical consequences: friendship with each of the three divine Persons, unity of life, valuing doctrinal formation, sanctifying ordinary life, Marian devotion, the virtue of hope, etc.

José Miguel PERO-SANZ *La hora sexta*
Meditations on Christian hope, helping the reader to overcome any discouragement and spiritual lethargy. Scripture passages on Joseph of Arimathea, Nicodemus, and Barnabas are used to show the power of God's grace, with emphasis on the supernatural fruitfulness of ordinary life.

José Miguel PERO-SANZ *Sobre roca*
The author shows how Christian life needs to rest upon the rock of divine filiation in Christ, and draws out practical consequences.

Bonaventure PERQUIN *Abba Father: Deepening Our Relationship With God the Father* (Scepter)
Dominican author writes about divine filiation and its consequences for Christian life. Many good insights and explanations based on Scripture and theology. Very useful for one's spiritual life. The last two chapters focus on aspects proper to a religious spirituality. Clear, but requires doctrinal formation.

Joseph-Marie PERRIN *Le Mystère de la charité*

On God's love for us as shown in the Incarnation, the Eucharist, Christ's death on the Cross, the Church. The last chapter is on our Lady. Both simple and deep. Fosters the determination to correspond to God's love.

Joseph-Marie PERRIN *The Gospel of Joy* (Blackfriars, 1957)

After discussing joy in this life, the author comments on each of the beatitudes. Concludes with advice for combatting sadness, as part of the ascetical struggle. For persons with some cultural formation.

Joseph-Marie PERRIN *Mary, the Mother of Christ and of Christians* (Alba House, 1978) Covers the following topics: 1. Marian life. 2. Mary's privileges. 3. Mary's heart. 4. Mary our Mother. 5. Appendices on the Rosary and on St. Joseph.

Michel-Marie PHILIPON *Les dons du Saint-Esprit*

Theological treatise on the Paraclete's sanctifying action that follows St. Thomas's explanation. Covers the Holy Spirit's mission, and what this involves: grace, the virtues, the gifts, the fruits. An academic text, it may be a bit dry for some. Requires good theological formation.

Michel-Marie PHILIPON *The Sacraments in Christian Life* (Newman Press, 1954) On the fruit brought about by the sacraments in the spiritual life. Helps the reader to understand and value these means of sanctification. Requires good theological formation.

Jacques PHILIPPE *In the School of the Holy Spirit* (Scepter, 2007)

Describes how the Holy Spirit acts in the soul illuminating the intellect and strengthening the heart. Shows in practice how to recognize and receive the Holy Spirit's action, in order to advance in holiness. Useful for all.

Jacques PHILIPPE *Called to Life* (Scepter, 2009)

Christian life seen as the response to God's ongoing calls: in prayer, through the Gospels, in setbacks, in sickness, or in any of the circumstances of life. Happiness is achieved not through controlling events, but by listening to and following God's call in our own life.

Jacques PHILIPPE *Time for God* (Scepter, 2008)

Subtitled "A Guide to Prayer Life," the book is divided into five sections: I. Prayer is not a technique but a grace; II. Using the time of prayer well; III. Growth in prayer life; IV. Physical conditions for prayer, and V. Some methods of prayer. Offers simple tips and advice for beginners, helping them to persevere in prayer and overcome any doubts or difficulties. Written with great clarity and energy, with common and supernatural sense.

Jacques PHILIPPE *Interior Freedom* (Scepter, 2007)

Deals mainly with holy abandonment. Explains that God loves us not for any good we can do or for our perseverance and loyalty, but *quoniam Bonus*, because He is good. Also devotes some pages to divine filiation, loving the Cross, fraternity, mutual love and forgiveness. The last fifty pages discuss freedom in living the three theological virtues. Useful for all.

Jacques PHILIPPE *Searching for and Maintaining Peace: A Small Treatise on Peace of Heart* (Alba House, 2002)

Identifies two fundamental threats to interior peace: not relying sufficiently on divine providence and the fear of suffering. Discusses, in light of the Gospel, how to overcome any obstacles to interior serenity. Concludes with a selection of texts from various spiritual writers: Juan de Bonilla, St. Francisco de Sales, St. Teresa of Jesus, Mary of the Incarnation, François-Marie-Jacod Libermann, St. Pio of Pietrelcina and St. Josemaría Escrivá.

José María PICH *Christ on Earth* (Sinag-Tala)

In a simple and warm style, the author presents Christ's Sacred Humanity as a model for ordinary Christians, showing how a relationship with God does not estrange us from professional, family, or social duties but rather leads to embracing them fully. Grounded on divine filiation in Christ, it speaks about naturalness, the dignity of work, understanding others, the meaning of suffering, etc. For everyone.

José María PICH *La sal de la tierra*

On the need to base apostolate on a solid interior life. Stresses the apostolic possibilities found in daily life and the zeal to be an apostle of apostles, following St. Josemaría's teachings. Brief and clear.

Josef PIEPER *The Principal Virtues: Faith, Hope, Love, Prudence, Justice, Fortitude, and Temperance*
Ñ*Faith, Hope, Love* (Ignatius Press, 1997)Ñ*On Hope* (Ignatius Press, 1986)Ñ*About Love* (Franciscan Press, 1974) Ñ*The Four Cardinal Virtues* (Univ. of Notre Dame Press, 1990)Ñ*Fortitude* (Ignatius Press)Ñ*Fortitude and Temperance* (Pantheon Books, 1954)Ñ*Justice* (Faber and Faber, 1957; Ignatius Press)Ñ*Prudence* (Pantheon Books, 1959; Ignatius Press)Ñ*Temperance* (Ignatius Press)

Found in both one volume or in separate books dealing with individual virtues. Presents a good explanation of the principal features of the theological and moral virtues, helping the reader discover the depth and coherence of Christian life. The author follows St. Thomas, although at times gives interpretations that differ from other good Thomists. Very useful for those with adequate theological and philosophical formation.

Josef PIEPER; Heinrich RASKOP *What Catholics Believe: A Primer of the Catholic Faith* (Franciscan Press, 1982)

Explanation of Christian doctrine, for people with some cultural formation. Covers the Creed; Christian life and the Sacraments; the liturgical year; the theological and cardinal virtues; Sacred Scripture; and Church history. Although written before Vatican II, it continues being useful.

Johannes PINSK *Toward the Center of Christian Living: A Liturgical Approach* (Herder & Herder, 1961)

Collection of articles on the danger of a superficial Christian life when it is not based on a personal relationship with Christ. Uses specialized language that requires good cultural formation.

Álvaro del PORTILLO Y DIEZ DE SOLLANO *On Priesthood* (Scepter 1974)

Filled with insights into the mystery of the priesthood. Serenely penetrating study of issues about priestly life and ministry in the light of *Presbyterorum Ordinis* by one of the most knowledgeable voices in expounding and developing the teaching of Vatican II.

Domingo RAMOS-LISSON *El testimonio de los primeros cristianos*

A thematic, rather than biographical or chronological description of the early Christians that highlights their zeal for holiness and apostolate, naturalness in ordinary life, and how they transformed society. Helps one to better grasp many of St. Josemaría's teachings. Written clearly and simply.

Domingo RAMOS-LISSON *Espiritualidad de los primeros cristianos. Textos escogidos*

A collection of 26 ante-Nicene texts (written before 325) on Christian life from Ignatius of Antioch, Athenagoras, Irenaeus of Lyon, Clement of Alexandria, Tertullian, Origen, etc. Each text has a helpful introduction. Very useful.

Gonzalo REDONDO *Raz—n de la esperanza*

Shows how to practice the theological virtue of hope in various situations of ordinary life, especially in periods of discouragement. An energetic and attractive style.

Pie REGAMEY *La Croix du Christ et celle du Chrřtien*

Dominican author encourages the reader to accept suffering and setbacks not with "resignation" but with love for Christ's Cross.

Pie REGAMEY *Les plus beaux textes sur la Viřrge Marie*

Selection of texts on our Lady up to the 14th century, with a comment on each one. Filled with piety and doctrine.

Pius-Aimone REGGIO *Vergiss die Freude nicht*

A brief essay on joy that explains with simplicity the meaning of Christian hope and grace. Published by Rialp in Spanish under the title "Por que la alegria?"

Alexis RIAUD *The Holy Spirit Acting in Our Souls* (Sinag-Tala)

Briefly explains each gift and fruit of the Holy Spirit following St. Thomas. A clear and attractive style. Useful for drawing closer to the Paraclete.

Pedro RODRÍGUEZ *Fe y vida de fe*

Conferences given to a university audience during the novena to the Immaculate Conception. Considers the principal topics of fundamental theology in a clear and direct way, starting with revelation and faith. Also draws practical consequences for Christian life.

Peter T. ROHRBACH *Conversation with Christ* (TAN Books, 1994)

Simple book on how to do mental prayer, mostly based on St. Teresa of Avila.

Michael SCHMAUS *On the Essence of Christianity* (Scepter, 1966, 1997) These lively and convincing conferences for theology students in Munich summarize the author's well-known, multi-volume work, *Dogmatic Theology*. On the historical figure of Jesus, revelation of the Trinity, Christianity and the world, the nature of the Church, etc. For those with good theological formation. Recent editions of this book are not reliable.

Josef SELLMAIR *Priests in the World* (Catholic Book Club, 1953) Advice for secular priests on how to sanctify their priestly ministry.

Frank J. SHEED *A Map of Life* (Ignatius Press, 1994)

A simple and clear presentation of our journey towards God, covering creation, original sin, the Incarnation and Redemption, the Church, freedom, sin, vocation, and the last things. Contains many good examples.

Frank J. SHEED *Theology for Beginners* (Sheed & Ward, 1958; Servant Books; Our Sunday Visitor)

This simple explanation of Christian doctrine (Creed, commandments, morality) is written in a warm and easy-to-read style.

Frank J. SHEED *To Know Christ Jesus* (Ignatius Press, 1992)

Brief and clear book about our Lord's life presented with realistic details. Especially recommended for people who find reading a chore.

Fulton J. SHEEN *Three to Get Married* (Four Courts Press, Scepter)

On human love, the dignity of sexuality, marriage, the virtue of chastity, procreation, paternity, maternity, education of children, etc. Written in 1953, it remains quite useful.

Fulton J. SHEEN *Victory over Vice* (Sophia Institute Press, 2004)

Uses Christ's last words on the Cross to speak about the seven capital sins. Good for young people.

José Luis SORIA *Is Purity Possible?* (Sinag-Tala)

Instills a positive sense of the virtue of chastity, and shows how to explain it to others. Very useful.

Federico SUÁREZ *The Afterlife* (Sinag-Tala, Scepter)

Commentary on several Gospel parables (the wise and foolish virgins, those invited to a banquet, etc.) directed to university students. Useful for confronting common obstacles in Christian life.

Federico SUÁREZ *About Being a Priest* (Four Courts Press, Scepter; Lumen Christi Press, 1979)

On the priestly mission, closely following the Second Vatican Council Decree, *Presbyterorum Ordinis*, and St. Josemaría's teachings.

Federico SUÁREZ *The Sacrifice of the Altar* (Scepter, 1990)

Explains the meaning and rites of the Holy Mass. Written after the liturgical reforms of the Second Vatican Council, it comments in detail on Eucharistic Prayers I and IV, explains the sacrificial character of the Mass, and shows how to prepare fruitfully for the Mass. Clear and easy-to-read.

Federico SUÁREZ *Joseph of Nazareth* (Scepter)

The author writes about St. Joseph with great affection, commenting on the Gospel scenes and closely following St. Josemaría's teachings. Discusses sanctifying work, obedience, prudence, intimacy with our Lord, etc. Clear and easy-to-read.

Federico SUÁREZ *La Pasión de Nuestro Señor Jesucristo*

Reflections on our Lord's Passion written with piety and doctrine. Helpful for personal meditation, and for fostering resolutions to be generous in one's Christian life.

Federico SUÁREZ *La paz os dejo*

Collection of 12 meditations for university students on faith, obedience to Church teachings, contrition for sins, temperance and austerity, etc.

Federico SUÁREZ *The Narrow Gate* (Scepter)

Meditations for young people urging them to be coherent Christians and witnesses to their faith, going against the current. Many good suggestions for the apostolate.

Federico SUÁREZ *The Vine and the Branches* (Four Courts Press)

Meditations on various topics: the need for confession, the indissolubility of marriage, the universality of the Redemption and personal salvation, etc.

Federico SUÁREZ *Mary of Nazareth* (Scepter)

Reflections on Mary's life, stressing complete dedication to God's will and holiness in ordinary life. Very useful for all.

Ramón TABOADA *La perseverancia*

Clear presentation of how to overcome obstacles and grow in the virtue of perseverance. Includes many quotes from St. Josemaría. Easy-to-read and useful for all.

Jean-Pierre TORRELL *Saint Thomas Aquinas: vol. 1 The Person and his Work* (Catholic University of America Press, 2005); *vol. 2 Spiritual Master* (2003)

A good overview of St. Thomas' theological teaching, highlighting its implications for the spiritual life. Since the content is somewhat dense, the reader should possess a sound philosophical and theological formation, without needing to be a specialist. Very helpful in showing how theological studies can be a topic of meditation and can enrich the interior life.

Tihamer TOTH *The Christian Family* (Herder, 1942)

A clear and well organized book preparing young people for marriage that engages the reader directly. Many brief and effective comparisons. Although the language is a bit antiquated, its topics and substance remain up-to-date.

Lorenzo TOUS *San Josė de Calasanz, el santo de los ni-os*

Brief biography (the Spanish version is abridged from the Italian) emphasizing the action of divine Providence in the saint's life from infancy. The second half deals with his life "dedicated to teaching piety and the humanities." It concludes with the persecutions he endured with heroic fortitude and humility. Quite moving and easy-to-read. Good for all readers.

Leo J. TRESE *The Holy Spirit and His Work* (Confraternity Publications, 1955)

A simple work that focuses on the Holy Spirit's action in the soul through the sacraments. Good for all.

Leo J. TRESE *Everyman's Road to Heaven* (Fides Publishers; Dome book, 1965) Enjoyable book, written with common and supernatural sense, on the principal topics of Christian asceticism: prayer, mortification, devotions, frequenting the Sacraments, dedication, apostolate, etc.

Leo J. TRESE, *More than many sparrows* in *A Trese Trilogy* (Sinag-Tala)

On the ups and downs of daily family life, and how to confront them with a Christian spirit and optimism. Very well written, filled with common sense and practical experience. Good for everyone.

Leo J. TRESE *The Faith Explained* (Sinag-Tala, Scepter)

Extensive synthesis of Christian doctrine that follows the common catechetical order: Creed, Commandments, Sacraments. An enjoyable style, with many examples and anecdotes. Despite its size (580 pages in English), it is good for those who don't have a habit of reading. Very useful for acquiring a basic formation

Leo J. TRESE *Vessel of Clay* (Sheed & Ward, 1950)

Describes a typical day in the life of a parish priest. Attractively written, it helps priests to sanctify their work, teaching little details of refinement in dealing with our Lord and with the faithful.

Leo J. TRESE *Wisdom Shall Enter* in *A Trese Trilogy* (Sinag-Tala)

A concise and positive texts of apologetics that seeks to resolve the most common objections to the faith, and to deepen the reader's knowledge of the Christian mysteries: the existence of God, religion, the Church, etc. Easy-to-read.

François TROCHU *The Cure d'Œ Ars* (Sinag-Tala; TAN Books)

Extensive biography (669 pages in the abridged English version) with many references to the canonization process and the times in which he lived. Emphasizes the saint's ascetical struggle to conquer imperfections and weaknesses. The reader should keep in mind that the way he lived certain virtues is not suited to a person seeking sanctity in the middle of the world.

François TROCHU *St. Bernadette Soubirous: 1844-1879* (TAN Books, 1985) Biography of the saint that focuses more on the external events in her life than on her spiritual life. Fosters devotion to our Lady.

Jesús URTEAGA *I Shall Begin Now!* (Sinag-Tala)

Describes the struggle to achieve holiness with the help of grace, highlighting its positive elements (sporting spirit, optimism...). Topics covered include conversion, human respects in the apostolate, divine filiation and presence of God, the call to holiness and generosity in one's dedication, unity of life, heroism in little things, Holy Mass, perseverance in prayer. Contains encouraging anecdotes to face the difficulties that often occur at the beginning of one's dedication to God. Useful for all.

Jesús URTEAGA *God and Children* (Sinag-Tala, Scepter)

Addressed mainly to parents. The first part considers their responsibility and generosity in having children; the second part discusses educating children in the principal virtues. Indirectly it also provides advice for children, teaching them to put God's will ahead of everything else. Clear and practical, with a very encouraging message.

Jesús URTEAGA *Saints in the World: The Adventure of Christian Life* (Scepter, 1997; formerly *Man the Saint*, Scepter, 1959)

Energetic exhortation to view human perfection as an integral part of Christian life, in the image of Christ. Stresses the need to struggle—out of love for God—to acquire human virtues. Highlights loyalty, hard work, courage, sincerity, joy, generosity, apostolate, and unity of life, with forceful words against lukewarmness, passivity, and lack of character. Written in 1955, it reflects St. Josemaría's preaching.

Jesús URTEAGA *The Defects of the Saints* (Sinag-Tala)

Series of articles stressing that all of the saints have had to struggle against their defects. Fosters the self-knowledge needed to fight against one's own defects. Very apostolic in tone, with many examples from Scripture and the lives of the saints. Very useful.

Francisca Javiera del VALLE *About the Holy Spirit* (Scepter)

Written to foster devotion to the Holy Spirit. Each of the ten-days from the Ascension to Pentecost has a daily reflection, prayer, and resolution. Very simple yet deep. Useful for everybody.

Eugène VANDEUR *Retraite*

Retreat meditations focusing on the Holy Mass as the summit towards which all Christian life is directed. An extensive theological work that requires cultural formation.

Gerald VANN *The Divine Pity* (Scepter)

Dominican teacher uses the beatitudes to clarify some mysteries of the Christian faith, connecting Baptism with “blessed are the poor,” Confirmation with “blessed are the meek,” the Eucharist with “blessed are those who hunger and thirst,” etc.

Bernardo de VASCONCELOS *Your Mass* (Scepter, 1961)

Short, clear book on the value of the Mass, helping the reader to make the Mass the center of one’s interior life, without using this expression. Written with piety. Good for everyone.

Dietrich von HILDEBRAND *Transformation in Christ: On the Christian Attitude* (Ignatius Press, 2001)

Analyzes the fruit of the action of grace in the soul. Provides a deep foundation for Christian asceticism and opens broad and positive horizons, with many Scripture quotes and brief testimonies from great saints. Useful for those with solid intellectual formation.

William Th. WALSH *Our Lady of Fatima* (Image, 1954)

Recounts the apparitions at Fatima to the three young shepherds, with interesting information about the social, political and cultural context in which they lived. Helps the reader to grasp the meaning of the Marian message.

William Th. WALSH *St. Peter the Apostle* (Scepter)

Simple and clear biography that draws on the New Testament, Tradition and Christian archeology. Good ascetical and doctrinal points. Requires some cultural formation.

William Th. WALSH *St. Teresa of Avila* (Bruce Publishing Company, 1945)

Both a biography of the saint and a history of the Carmelite reform that she carried out. Easy-to-read and accessible to all, with many written testimonies from the saint that help the reader to appreciate her life of prayer and mortification. Requires some formation to evaluate the author’s description of the difference between “discalced” and “non-discalced” Carmelites.

Franz Michael WILLAM *The Life of Jesus Christ* (Herder Book Co., 1949) Attractively written

account of Christ’s life that places it in the context of the Jewish culture and society of his times. The short chapters follow a chronological order. A work of great apologetical value that contains brief pious considerations and a description of our Lord imbued with faith and love.

Franz Michael WILLAM *Mary, the Mother of Jesus* (Scepter)

Places our Lady’s life in its historical and geographical context, showing her full correspondence to grace and complete self-giving to God. Of great value: simple, pious, and theologically rigorous. Very useful for increasing devotion to Mary.

Cardinal Stefan WYSZYNSKI *Working Your Way to Heaven* (Sophia Institute Press, 1998); also entitled: *All You Who Labor* (1995)

Essay on the role of work in Christian life and in the development of culture, with a focus that is compatible with the quest for holiness in the middle of the world. Requires some cultural formation.

c) On St. Josemaría and Opus Dei

Edited Collections *Testimonies to a Man of God: Blessed Josemaría Escrivá*, vol. 1 and 2 (Scepter, 1992)
28 testimonials for his cause of beatification from people (mostly ecclesiastical authorities) who knew St. Josemaría between 1930 and 1950, previously published in 9 booklets. Contains many anecdotes that highlight St. Josemaría's holy life and heroic virtues. Very useful.

Edited Collections *Mons. Josemaría Escrivá de Balaguer y el Opus Dei* (1982)

Begins with a previously unpublished text from St. Josemaría and an interview with Don. Alvaro. Then come articles by various authors—theologians, canonists, historians, etc.—on the principal aspects of St. Josemaría's teachings: sanctification of work, divine filiation, priestly soul, unity of life, the universal call to holiness and apostolate, freedom, etc. Lucas Mateo Seco concludes the work with an annotated bibliography. Of great interest.

Javier ABAD *La Sociedad Sacerdotal de la Santa Cruz*

An explanation of the Priestly Society of the Holy Cross, founded by St. Josemaría Escrivá de Balaguer to help secular priests attain sanctity in their ministry through the spirit of Opus Dei.

Antonio ARANDA *El bullir de la sangre de Cristo. Estudio sobre el cristocentrismo del Beato Josemaría Escrivá*

Discusses aspects of the Christocentric spirit of Opus Dei's founder, stressing the sanctifying value of Jesus' earthly existence, particularly his years of hidden life, inseparable from his being the incarnate Son of God and his redemptive mission.

Hugo De AZEVEDO *Uma luz no mundo*

The first biography of St. Josemaría in Portuguese, written prior to his beatification. It follows a strict chronological order, focusing particularly on St. Josemaría's trips to Brazil and Portugal. Contains material from the *Articles of the Postulator* (1981) prepared for the saint's cause of beatification.

Peter BERGLAR *Opus Dei: Life and Work of its Founder Josemaría Escrivá* (Scepter)

One of the first biographies of St. Josemaría. The author, a German history professor, stresses the significance of St. Josemaría in contemporary history and culture. More suitable for people with good general culture.

Salvador BERNAL *A Profile of the Founder of Opus Dei, Msgr. Josemaría Escrivá* (Scepter, 1976)

The first biography of St. Josemaría, written just after his death. Still of value, although it has less source material than later biographies.

Salvador BERNAL *Profile of Alvaro del Portillo* (Scepter)

More a reflection on Don Alvaro's life based on the author's own personal notes and memories than a biography. It focuses on his faithfulness to St. Josemaría, with many stories showing how Don Alvaro lived the Christian virtues.

Flavio CAPUCCI *Favors of Saint Josemaría Escrivá* (Scepter, 2004) The postulator of St. Josemaría Escrivá's cause of canonization shares some 200 real stories of favors and cures due to his intercession.

Flavio CAPUCCI *Cures: Through the Intercession of Saint Josemaría Escrivá* (Scepter, 2001)

Gives the background and medical details of 18 extraordinary cures presented in the process of canonization for Opus Dei's founder. The author introduces each miracle with a Gospel cure related to it, and draws consequences for the spiritual life. Of perennial value; useful for all.

José María CASCIARO *Vale la pena. Tres años cerca del Fundador del Opus Dei: 1939-1942*

Historical testimony on the founder of Opus Dei in the years after the Spanish civil war. A simple book, for everyone.

Pedro CASCIARO *Dream and your Dreams will Fall Short* (Scepter, 1997)

Testimony written with warmth and charm, and with special historical value, about the author's experience in Opus Dei and encounters with St. Josemaría, especially from 1935 to 1946. In a natural way he shows how Opus Dei's spirit was lived in the early years: the vocation of complete self-giving to God, lay mentality, apostolic zeal, spirit of poverty, the importance of work done well, mortification and penance, cheerfulness, St. Josemaría's fatherly zeal, etc.. Very useful for all.

José Miguel CEJAS *José María Somoano. En los comienzos de la fundación del Opus Dei*

Biography of a diocesan priest in Madrid, a friend of St. Josemaría in the mid-30s, who was martyred in the Spanish religious persecution. Provides a good testimony to the life of St. Josemaría and his first followers. Carefully researched, the book gives solid historical background without losing its simplicity. Recommended for all.

José Miguel CEJAS *La paz y la alegría. María Ignacia García Escobar (1896-1933)*

A simple book aimed at helping everyone understand the sanctification of suffering, devotion to the Eucharist, and spiritual childhood. The book contains at the end most of María Ignacia's writings. A good description of the historical context of her era.

José Miguel CEJAS *Montse Grases: La Alegría de la Entrega*

Describes how Montse heroically accepted illness and suffering in a simple and natural way, embracing it out of love for God and souls, and faithfully living the spirit of the Work to the last moment.

José Miguel CEJAS *Life of Blessed Josemaría* (Sinag-Tala) A short, simple profile of St. Josemaría.

José Luis COFIÑO; José Miguel CEJAS *Ernesto Cofiño. Perfil de un hombre del Opus Dei*

Account of Ernesto Cofiño life, told by his son using 17 letters. Helps the reader appreciate the human and supernatural character of this supernumerary of Opus Dei, considered the father of Guatemalan pediatrics.

John COVERDALE *Uncommon Faith: The Early Years of Opus Dei, 1928-1943* (Scepter, 2002)

Recounts the early history of Opus Dei up to 1943. Places St. Josemaría's life in the religious, political and social context of the times.

Federico DELCLAUX *Santa María en los Escritos del Beato Josemaría Escrivá de Balaguer*

A simple, well-documented work on some of St. Josemaría's teachings on Mary. Divided into these sections: Mary, beloved daughter of God the Father; Mary, Mother of God the Son; Our Lady and the Holy Spirit; Mary leads us to friendship with the Blessed Trinity, Sanctifying our daily work and duties as our Lady did; Imitating our Lady and having recourse to her when suffering comes our way; Joy of being Mary's children.

Guillaume DERVILLE *Prier 15 jours avec Josémaría Escrivá*

Reflections on scenes from the Bible that foster prayer, with quotes from St. Josemaría. Stresses the union between life and prayer. Useful for everyone.

Michele DOLZ *Mia madre la Chiesa. Vita di san Josemaría Escrivá*

A brief life of St. Josemaría that focuses on Opus Dei's beginnings. Based mainly on Italian sources.

Javier ECHEVARRÍA *Eucaristía y vida cristiana*

Prelate of Opus Dei shows how the Eucharist can illumine and enliven a Christian's daily existence: work and rest, family life, apostolate, illness and pain.... His reflections arise from a deep faith and great love for the Eucharist, rooted in Scripture and Church Tradition, and permeated by the teachings of St. Josemaría. Useful for all.

Javier ECHEVARRÍA *Getsemaní. En oración con Jesucristo*

Seeks to help the reader to pray and to learn how to pray, focusing on Christ's hours of agony and prayer in the Garden of Olives. Christ's life of prayer is seen as teaching us how to deal with God the Father. The author puts his own prayer into words, alternating his reflections with direct invocations to the Savior. For everyone.

Javier ECHEVARRÍA *Itinerarios de vida cristiana*

"Children of God. That is what we are, as the Gospel proclaims, but unfortunately many people are unaware of it," are the first words from this book that presents St. Josemaría as an exceptional guide for Christian life.

Javier ECHEVARRÍA *Memoria del Beato Josemaría Escrivá de Balaguer: entrevista con Salvador Bernal*

Personal memories of St. Josemaría from the years he spent alongside the saint from 1950 to 1975. A valuable testimony to his life and teachings.

Javier ECHEVARRÍA *Para servir a la Iglesia. Homilías sobre el sacerdocio*

The priesthood is seen as a “service” and a “participation in Christ’s mission” in these twenty-four homilies on the figure of the priest.

Javier ECHEVARRÍA *Por Cristo, con fl y en fl*

Gathers eight texts on St. Josemaría in chronological order. Four deal specifically with the priesthood, as taught and lived by the founder of Opus Dei; the other four address in depth aspects of his life and teachings that are central to the call to holiness of all the faithful.

Mercedes EGUIBAR GALARZA *Guadalupe Ortiz de Landázuri. Trabajo, amistad y buen humor* Biography of a woman member of Opus Dei with many details about the beginnings of the apostolic work in Mexico and the years she lived in Rome alongside St. Josemaría. With many specific suggestions on practicing virtues such as industriousness, understanding for others, love for the Cross, joy, and apostolic spirit. Useful for everyone.

Cornelio FABRO; Salvatore GAROFALO; M. Adelaida RASCHINI *Santi nel Mondo* Three articles on St. Josemaría. Fabro’s, the longest, is particularly good; he writes about the historical import of the saint’s teachings and gives a deep analysis of some of their main points. Salvatore Garófalo, professor of Sacred Scripture and former Rector of the Urbanian University in Rome, stresses St. Josemaría’s familiarity with Scripture and the originality of his commentaries. Adelaida Raschini, professor of Anthropology, focuses on the description of the human virtues in *Furrow*. Fabro’s article is of special interest for everyone.

Francisc FERNÁNDEZ CARVAJAL; Pedro BETETA *Children of God. The Life of Spiritual Childhood Preached by Blessed Josemaría Escrivá* (Scepter, 1998)

Employs theological insights from F. Ocariz and I. Celaya’s book, *Vivir como Hijos de Dios*, making them more accessible. Uses simple examples to show how divine filiation ought to influence daily life, in light of St. Josemaría’s teachings.

Amadeo de FUENMAYOR; José Luis ILLANES; Valentín GÓMEZ IGLESIAS *The Canonical Path of Opus Dei. The History and Defense of a Charism* (Four Courts Press, Scepter, Midwest Theological Forum)

Rigorously documents the juridical path of Opus Dei from its founding in 1928 until established as a personal Prelature in 1982. Besides giving a deep explanation of the juridical configuration suited to the Work’s nature, it shows St. Josemaría’s heroism in defending—with charity, fortitude and prudence—the spirit God entrusted to him, and the generous prayer and mortification that was needed to obtain this divine gift. An appendix has the Statutes of the Prelature.

François GONDRAND *At God’s Pace: Josemaría Escrivá Founder of Opus Dei*

Biography of St. Josemaría written in an attractive and straightforward style, readable by all.

Scott HAHN *Ordinary Work, Extraordinary Grace: My Spiritual Journey in Opus Dei* (Doubleday, 2006)

Offers readers a personal introduction to biblical theology and also to the spirit of Opus

Dei, from the perspective of a married man. An attractive presentation of topics such as divine filiation, the sanctification of work and ordinary life, the apostolate, and secularity. Useful for all.

V. HUERTA SOLÁ *Alas para volar. San Josemaría maestro de oración*

The first part explains St Josemaría's teachings on prayer in *The Way, The Way of the Cross*, and in three homilies of *Friends of God*. Part two is an anthology of texts from St. Josemaría on the mysteries of the Rosary. Stresses that dialogue with God is closely tied to the readiness to love his will. A clear and convincing style, passing on what the author himself has lived.

José Luis ILLANES *The sanctification of work: aspects of the teaching of the founder of Opus Dei* (Scepter, 2003) *On the Theology of Work: Aspects of the Teaching of the Founder of Opus Dei* (Scepter, 1968)

A short book that explores how Christians down through the ages have viewed work, and the newness of the spirit of Opus Dei, which is seen as rooted in the Old and the New Testaments, in the lives of the early Christians and in the teachings of the Church Fathers. Contrasts the religious vocation and the lay vocation to sanctity in the middle of the world. With numerous quotes from St. Josemaría, it helps the reader to better appreciate the Work's historical importance, and fosters the desire to turn work into prayer, with God's help. Written in an attractive style with theological precision. Useful for all.

José Luis ILLANES *Mundo y santidad*

A collection of essays on spiritual theology focusing on St. Josemaría's teachings regarding holiness and the universal call to sanctity, the meaning and value of earthly and human realities in the struggle for sanctity, imitating and following Christ in ordinary life, filial piety, etc. Concludes with reflections on the Mass as the center of the Christian life. Stresses the positive sense of Christian secularity and its relationship with the interior life. Requires some theological formation.

Lázaro LINARES *Antes, más y mejor: Un relato de mi vida en el Opus Dei*

Autobiographical account by a member of Opus Dei who devoted much of his life to educational endeavors, especially as the director of the Tajamar School in Madrid.

Lucas Francisco MATEO-SECO; Rafael RODRÍGUEZ-OCAÑA *Sacerdotes en el Opus Dei*

Explains the Priestly Society of the Holy Cross, outlining its theological and juridical elements and showing how it helps diocesan priests seek holiness in and through their pastoral ministry. Published in 1994.

Fernando OCÁRIZ; Ignacio de CELAYA *Vivir como Hijos de Dios: Estudios sobre el Beato Josemaría Escrivá*

Collection of articles on St. Josemaría's teachings regarding divine filiation and unity of life. A clear, deep and well-structured book, which can be helpful to all.

José ORLANDIS *Años de juventud en el Opus Dei*

Testimony recounting the author's encounters with St. Josemaría in the years 1939-42. Contains many anecdotes regarding St. Josemaría and the virtues he lived. Of particular historical value for a picture of Opus Dei in the years immediately following the Spanish Civil War.

José ORLANDIS *Mis Recuerdos. Primeros tiempos del Opus Dei en Roma*

Relates his personal memories of early 1945 when he accompanied Alvaro del Portillo during his first stay in Rome, and later on, his harrowing trip with St. Josemaría to Rome on the J.J. Sister. Gives many details about Vladimir Vince, the first Croatian in Opus Dei. An impressive testimony to St. Josemaría's fortitude and Don Alvaro's fidelity. Written in an attractive style. Useful for everyone

Enrique PÉLACH *Abancay. Un obispo en los Andes peruanos*

Autobiography by Bishop Pélach, the first member of the Priestly Society of the Holy Cross. Expresses his deep gratitude to St. Josemaría, who always spurred him to seek God in his life as a priest and bishop, and also his gratitude for the human and spiritual help provided by the Priestly Society of the Holy Cross. Useful for everyone, especially priests.

José Miguel PERO-SANZ *Isidoro Zorzano Ledesma: Ingeniero industrial* (Buenos Aires, 1902-Madrid, 1943)

Describes the holy life of one of the first members of Opus Dei, who died in 1943. Stresses his fidelity to the spirit of the Work, filiation to our Founder, apostolic zeal, spirit of sacrifice, and professional competence. Helps one understand better the vocation to the Work, as a total self-giving to God.

Francisco PONZ PIEDRAFITA *Mi encuentro con el Fundador del Opus Dei. Madrid, 1939-1944*

Testimony focused on the period 1939-1944, when the author met and lived alongside St. Josemaría in Madrid.

Álvaro del PORTILLO; Cesare CAVALLERI *Immersed in God: Blessed Josemaría Escrivá, Founder of Opus Dei as Seen by his Successor, Bishop Alvaro Del Portillo*

Bishop Alvaro del Portillo, St. Josemaría's closest aide and successor, gives an extensive interview about the personality of the founder, sharing intimate memories and anecdotes. Useful for all.

Federico REQUENA; Javier SESE *Fuentes para la historia del Opus Dei*

An anthology of texts and documents, some previously unpublished, from those most immediately connected with Opus Dei's origin and development, presented in a chronological and historical manner. Very useful for helping the reader better understand the spirit of Opus Dei.

Antonio RODRÍGUEZ PEDRAZUELA *Un mar sin orillas. El trabajo del Opus Dei en Centroamérica*

Description of the beginning of the Work in Central America, with the author's personal memories of his early years in Opus Dei. For all.

Pedro RODRÍGUEZ *Camino. Edición crí—tica-hist—rica*
Historical-critical edition of St. Josemaría's book.

Pedro RODRÍGUEZ *Vocaci—n, trabajo, contemplaci—n*
Collection of studies on topics mentioned in the title, in the light of the teachings of St. Josemaría and the Second Vatican Council. Requires good theological formation.

Pedro RODRÍGUEZ; José Luis ILLANES; Fernando OCÁRIZ; *Opus Dei in the Church: A Theological Reflection on the Spirit and Apostolate of Opus Dei* (Four Courts Press; Scepter, 1994)

With a prologue by Bishop Alvaro del Portillo. Part one, by Pedro Rodríguez, is a theological explanation of the Prelature; part two, by Fernadno Ocariz, is on the vocation to Opus Dei; part three, by Jose Luis Illanes, is on the spirit of the Work. A very useful book, but requires some theological formation.

Ana SASTRE *Tiempo de caminar*

A lively and simple biography of St. Josemaría published before his beatification. Moving reflections on St. Josemaría's joyful generosity and great heart as Father, with a special interest in things related to the development of the apostolic work of the women of Opus Dei.

Rafael SERRANO *As' le vieron. Testimonios sobre Mons. Escriv# de Balaguer*

Testimonies, principally by ecclesiastical authorities, on St. Josemaría's holy life. Of great historical value.

José Luis SORIA *Maestro de buen humor*

Author's testimony on St. Josemaría, with whom he lived and worked for twenty years.

Dominique Le TOURNEAU *What is Opus Dei?* (Scepter)

A clear and brief explanation of the juridical nature of the Prelature and of the spirit of Opus Dei.

Pilar URBANO *El hombre de Villa Tevere*

Strives to give a portrait of St. Josemaría's personality, focusing on the years he spent in Rome,. Contains many interesting events and anecdotes from his life. Written in a lively, journalistic style.

Andrés VÁZQUEZ DE PRADA *The Founder of Opus Dei, I: The Early Years* (Four Courts Press, Scepter)

Three-volume biography of St. Josemaría—the most complete and well documented—based on material gathered for the canonization. Volume I covers the period from his birth in 1902 until 1936. The author had access to his *Intimate Notes*, letters and other primary sources. An essential work for knowing in-depth St. Josemaría's life and spiritual journey.

Andrés VÁZQUEZ DE PRADA *The Founder of Opus Dei, II: God and Daring* (Four Courts Press, Scepter)

Volume II covers the period from 1936 to 1946, beginning with the founder's life during the Spanish Civil War (1936-1939). The four chapters on the years after the war before he moved to Rome in 1946 focus on Opus Dei's development and expansion in Spain, using direct

testimonies from people who lived alongside the founder during this period.

Andrés VÁZQUEZ DE PRADA *The Founder of Opus Dei, III: The Divine Ways on Earth* (Four Courts Press, Scepter)

Volume III covers St. Josemaría's years spent in Rome from 1946 until his death on June 26, 1975.