

WHAT'S INSIDE?



MOVIE REVIEW OF 'THE HELP' BY JULIA UY



BOOK REVIEW OF 'DIVERGENT' BY KATRINA PAYOD



GAMES, PLAYLISTS, ARTICLES AND MORE!

THE CREST



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The Fad Called Feminism

A few weeks back, two young actresses, famous in their own rights, made tabloid headlines. One was named United Nations Women Goodwill Ambassador and gave a speech at the U.N. Headquarters to launch her HeForShe campaign. The other was an Oscar award winner who issued a non-apologetic statement in the aftermath of her nude photo leak.

“You educate a man; you educate a man. You educate a woman; you educate a generation.”

-BRIGHAM YOUNG

One said, “Men, I’d like to take this opportunity to extend your formal invitation. Gender equality is your issue too... I want men to take up this mantle, so their daughters, sisters and mothers can be free from prejudice but also so their sons have permission to be vulnerable and human too.”

The other said, “I started to write an apology, but I don’t have anything to say I’m sorry for. I was in a loving, healthy, great relationship for four years. It was long distance, and either your boyfriend is going to look at porn or he’s going to look at you.”

According to most young women today, both Emma Watson and Jennifer Lawrence (sadly) are feminists.

But what does it really mean to be a feminist?

If you have the misfortune of being in one of the Literature classes I handle this school year, you may (or may not) remember that I introduced myself with a quote from my favorite female novelist, Jane Austen, who penned, “A woman must have a thorough knowledge of music, singing, drawing, dancing, and the modern languages, to deserve the word [of being an accomplished woman]; and besides all this, she must possess a certain something in her air and manner of walking, the tone of her voice, her address and expressions, or the word will be but half deserved... All this she must possess and to all this she must yet add something more substantial, in the improvement of her mind by extensive reading.”

Fortunately for us, Auntie Jane was neither too literal nor hypercritical when she wrote these lines for *Pride and Prejudice*, but she did have a point. The point being was that at any given age, society will impose a certain standard, especially on women.

Feminism is today what petticoats and corsets once were to our great grandmothers.

In addition to juice cleansing diets and annual gym memberships, feminism is trendy. Hollywood actresses like Emma Watson and Jennifer Lawrence boost their celebrity-hood by being feminists, or, more accurately, being *perceived* as feminists. It’s no wonder that many young women today buy into the trendy idea of feminism – without necessarily understanding what it is really all about.

Women that Inspire



“I could not, at any age, be content to take my place by the fireside and simply look on. Life was meant to be lived. Curiosity must be kept alive. One must never, for whatever reason, turn his back on life.” - Eleanor Roosevelt

Feminism is not as straight-cut as its dictionary meaning of being “the advocacy of women’s rights on the grounds of political, social, and economic equality to men” suggests. It encompasses an entire spectrum: one end may be composed of a peaceful prayer rally outside an abortion clinic and the other end may be composed of a violent riot of topless women on the streets.

So who’s the real feminist? Which opposite end of the spectrum are you buying into?

First, let us consider American theologian Pia de Solenni who received her PhD at the age of 29, in addition to the 2001 Pontifical Academies’ Prize from St. Pope John Paul II himself. She was awarded for her doctoral thesis on feminism.

Wait what? You can be Catholic *and* a feminist?

“Feminism can be categorized into the feminism of equality, feminism of differences, anti-essentialism feminism, and deconstructivist feminism,” said Pia de Solenni.

These categories are alternatively known as first, second, and third wing feminisms. Instead of delving into the details, I’ll tell you the most important thing you have to understand at this point and that is if you take God out of each feminist category or wing, you’ll have secular feminism.

Quick vocabulary trivia: “Secular” comes from the Latin word “saeculum” which can mean generation, age, or even the world – as opposed to the Church. Today, “secular” simply means cutting God out of the picture.

“Secularized feminism raises excellent questions but cannot answer them,” said de Solenni in an interview after her awarding ceremony.

The root of the problem of secularized feminism (aside from the obvious godlessness and all) is that it views the woman as an “atomistic individual.” An “atom,” being the smallest particle known to science, combined with “individual” equals a woman who is a person completely separate from society.

Picture yourself being stripped off your title as a daughter and your mother from her title as a mother, and you’ll have two non-entities. This is just one of the concrete ways why secularized feminism is ultimately doomed to fail.

But what about Christian feminism, you may ask? What does it have to offer?

Pia de Solenni borrows her feminist ideas from St. Thomas Aquinas who looked no further than the Book of Genesis when he said, “Woman is created from man’s side not to rule over him or to be ruled under him but to rule with him side-by-side.” Doubtless, you’ve heard of something similar in every single wedding homily you’ve attended. Now you know it’s for a good reason.

“For Thomas Aquinas, true feminism respects the woman’s essential identity as an image of God. Where she differs from man, a true feminism understands that these differences are constructive and complementary,” Solenni adds.

To be a true feminist does not entail burning your bra on the streets or recreating an Amazonian civilization on a deserted island. No, to be a true feminist, one simply needs to go back to what is

essential: Adam was not the only one created in the image and likeness of God – Eve was too. Women are too.

“Christian feminism is not about what you can’t do. It’s about what we can do. We need to rephrase our message and get it out there, in every medium including our personal lives,” finishes de Solenni.

More than true feminists, what the world needs now are true women. Women who can become good mothers, mentors, and educators to the ever-growing children of the new generation.

You don’t have to buy into feminism just because Hermione Granger and Katniss Everdeen said so. Be your own woman!

By Jeanne Nicholette Legaspi

To Love A Leaf

It’s the 21st century. We are the selfie generation, and being photogenic is essential. Thin is the in-thing; beachy waves and tumblr girl hair are desirable. In a word, one must be beautiful. But then, what is beauty? Beauty, or rather, what women have made it throughout the centuries is a mirage --- clear one moment; fading and transforming the next. Beauty is relative. Did you know that in the 19th century, it was the fashion to be plump, bordering ever so slightly on fat? What the typical woman defines as beauty is superficial and changes over time, and yet is, at the same time, restrictive in the sense that if one does not have the particular features that are the rage during a certain era, one is considered ugly.

It’s no crime to have a beautiful jawline or a fine figure; in fact, it’s perfectly natural to want and to try to look attractive. But all of us are unique creatures of God and, because God created us, each one of us is beautiful. God sees us in all aspects, therefore only He can be the judge of true beauty.

“Anyone can love a rose, but it takes a great deal to love a leaf. It is ordinary to love the beautiful, but it is beautiful to love the ordinary.” (Anon.) The typical woman spends her life loving what is beautiful and trying to imitate it. Let’s reach beyond the typical woman. Let’s love what is often unnoticed. Let’s find the beauty in ordinary things.

By Ilena Morales



WHAT'S HAPPENED SO FAR THIS S.Y?



BUWAN NG WIKA



SAXUM PROJECT



SCIENCE QUIZ BOWL



TEACHER'S DAY



H.S TEAM BUILDING



UNITED FOR THE NATIONS



ACADEMIC MONTH



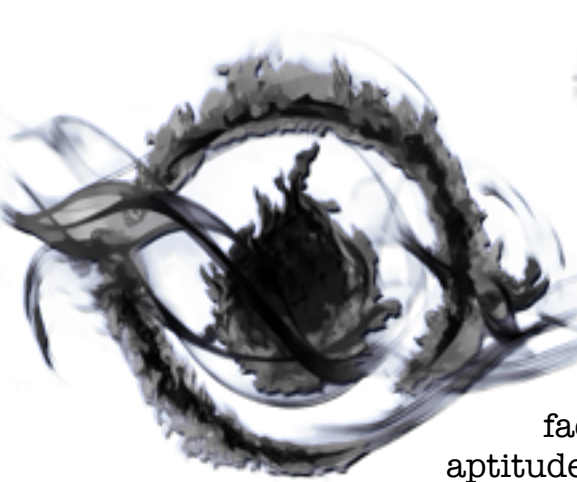
Movie Review by Julia Uy



“You is Kind. You is Smart.
You is Important.”

-Aibileen Clark

Published in 2009 before the 2011 film, Kathryn Stockett writes about the topic of society in terms of equality. The movie was a very touching human story, presenting real-life struggles that are still seen today. Set in the 1960s, the main plot of the movie was the segregation between the blacks and the whites. Skeeter Phelan, a white young woman trying to pursue a career in journalism, decides to write a book on the unjust treatment of the whites towards the blacks. With the help of two maids, Minny Jackson and Aibileen Clark, Skeeter exposes not only the prejudice received by the blacks, but the whites as well. This film shows two sides of the story: the rich and the help. It allows people to come to terms with the fact that everybody goes through the same thing and that we are not that different from each other. A moving film, “The Help” shows the determination of three women who want to have equal treatment, to be free in being who they wish to be, and to change the way women of society treat themselves and each other.



DIVERGENT

Divergent is the debut novel by Veronica Roth. It is a young-adult dystopian novel set that features a post-apocalyptic version of Chicago. Beatrice "Tris" Prior explores her identity within a society that defines its citizens by their personality with five different factions. By the age of 16, they will have to undergo an aptitude test and choose a 'faction' in where they think they belong. But in the case of Tris, she has more than one personality that's why she's called Divergent. Being Divergent is seen as a danger to the faction system by those who run it.

Tris is capable of seeing hardships as challenges. These inspired her to work harder. She wants to prove that she fits in the faction that she has chosen. If we relate it to reality, it means that we should not let others put us down and we should take advantage all the challenges we have been through. From this, we learn from them and we learn how to stand up for ourselves and conquer all difficulties.

Veronica Roth has created a really exciting plot in this book. Divergent is for everyone who likes adventures, plot twists, stories about a futuristic society and unusual world settings. Divergent is very electrifying and enjoyable, especially with all its plot twists. So I recommend all of you, especially the young-adult readers, to read this extremely thrilling book.



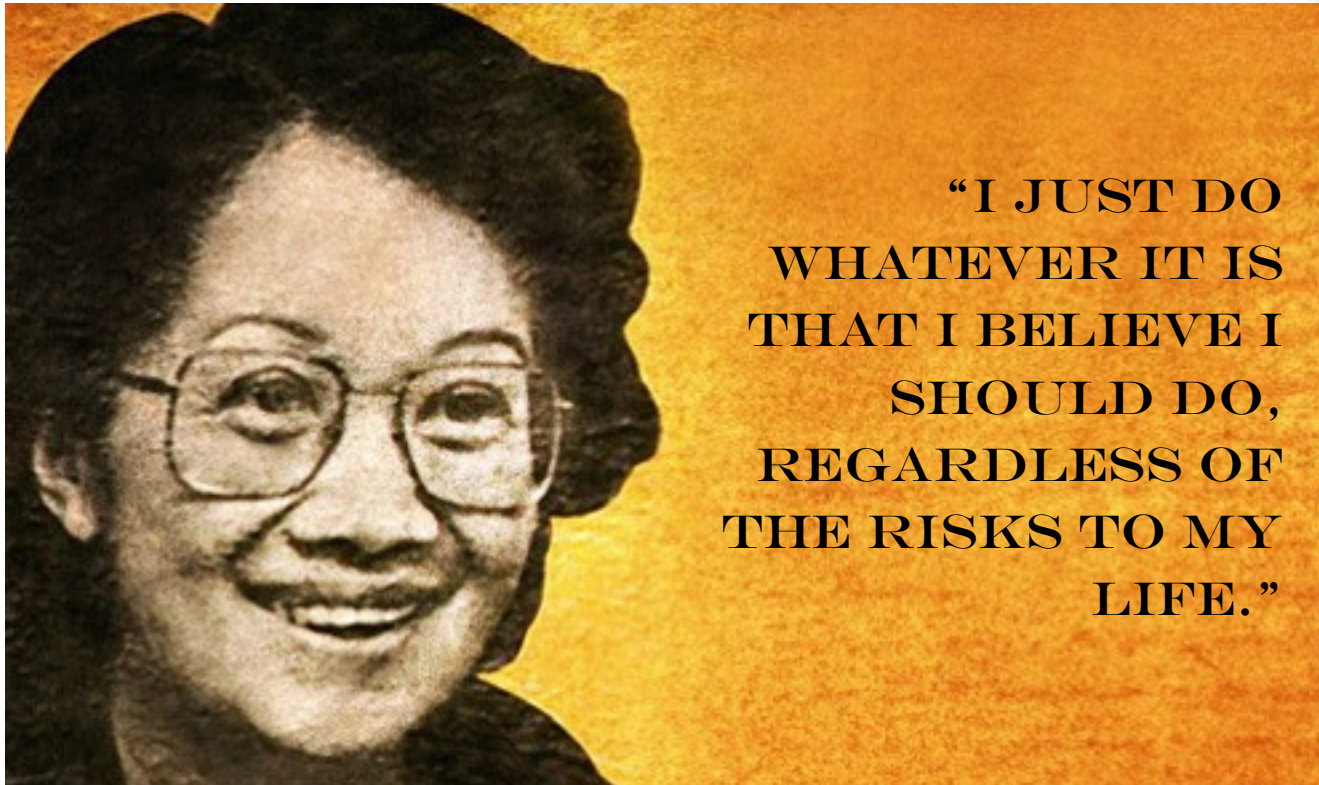
By: Katrina Payod

Where are you, Woman?



- 1.) The first female Prime Minister of the United Kingdom
- 2.) The writer of the Harry Potter Series
- 3.) The first female President of the Philippines
- 4.) The first deaf-blind to earn a Bachelor of Art's degree
- 5.) She went on to open a hospice for the poor, a home for sufferers of leprosy, and a home for orphans and homeless youths
- 6.) An English novelist whose works such as, Pride and Prejudice, earned her a place as one of the most widely read writers in English literature
- 7.) The longest serving First Lady of the United States
- 8.) The first female aviator to cross the Atlantic Ocean solo
- 9.) She guided and acted as an interpreter for the Lewis and Clark expedition

R N E T S U A E N A J M W Q N T
 S E I B M P T R A Z H O W A L V
 A H H H Z X D U S E I T K E S Z
 P M O C L F U P L B U H V W C V
 G B E S T T Q E K Q H E R A W X
 R N W L J A N H E O S R W J K F
 Q J I V I K H J H O F T E A Y T
 L T N L E A K T O U C E U C C M
 X V S L W R E R T L B R V A R P
 V Q L I U O R A A E W E O S S N
 R E I X W O R H R T R S F K M W
 R W O W N O O K K H Y A U T N T
 Z K C A Q V W F J D A C G Y K J
 A K E P O Q L A R L V R R R O M
 U L V F L O X D E X O K T H A E
 E C O R A Z O N A Q U I N O W M



Kababaihan sa Pambansang Kamalayan

Malungkot mang sabihin ngunit totoo ang kababaihang Pilipino ay hindi nababanggit sa pagbubuo ng pambansang kamalayan. Ang mga kalalakihan lamang ang may kakayahan sa mga matatayog na mga ideya tulad ng pamamahala at pagmamahal sa Inang Bayan o nasyonalismo. Ipinagkait ang karapatan ng mga kababaihang Pilipino na manungkulan o mamahala dahil hindi raw abot ng mga kababaihan ang angking talino at gawain ng mga kalalakihan. Makahulugan na ang salitang Inang Bayan ay nakahayag sa kasariang pambabae at ito ay nangangahulugan na ang kababaihan ay may lipos na damdamin para sa bayan.

Noong pagdating ng mga Kastila, ipinamalas ng mga Pilipina ang kanilang pagtutol sa malaking banta ng pananakop. Ito ay nakikita sa larangan ng mga babylan o katalonan at ito ang pagsisimuno ng mga kababaihang Pilipino. Inilagak ng mga Kastila ang mga Pilipina sa isang pampangalawang katayuan sa lipunan, habang niluluwalhati at itinatakda ang Birheng Maria bilang huwaran ng mga Pilipinong babae. Ang pagsapit ng mga Kastila at Katolisismo ang siya ring nagtakda ng tungkulin ng mga katutubong kababaihang Pilipino sa simbahan, sa kumbento, at sa tahanan.

Si **María Corazón Sumulong Cojuangco-Aquino** (ipinanganak bilang María Corazón Sumulong Cojuangco) noong 25 ng Enero 1933 na mas lalong kilala sa palayaw na “Cory” ay ang ikalabing-isang Pangulo ng Republika ng Pilipinas at kauna-unahang

babaeng naluklok sa nasabing pwesto (25 Pebrero 1986 - 30 Hunyo 1992). Tinagurian siyang *Ina ng Demokrasya* dahil sa pagsuporta niya sa pagpapanumbalik ng demokrasya sa Pilipinas. Ipinanganak siya sa Tarlac kina Jose Cojuangco Sr. at Demetria Sumulong. Nakapag-aral siya sa Estados Unidos at nakapagtapos nang may digri sa Wikang Pranses. Siya ay kabiyak ni Benigno "Ninoy" Aquino, Jr. , ang pinaslang na lider ng oposisyon noong panahon ni dating Pangulong Ferdinand E. Marcos. Nailuklok siya sa pamamagitan ng isang mapayapang rebolusyon ang Unang Rebolusyon sa EDSA noong 25 ng Pebrero 1986 at ibinalik niya ang demokrasya sa bansa. Siya ay ina ng kasalukuyang Pangulo ng Pilipinas na si Benigno Aquino III. Pumanaw siya noong 1 Agosto 2009.

Sa pagluklok ni Corazon Aquino bilang pangulo, agad niyang tinugunan ang utang pandayuhang 28 bilyong dolyar na nalikom ng nakaraang pangulong si Ferdinand Marcos na masamang dumungis sa katayuang internasyonal na kredito ng Pilipinas. Ang ekonomiya ay lumago ng 3.4 porsiyento sa kanyang unang taon sa opisina ngunit ang pagtatangkang coup noong 1989 ay nagsanhi ng pagtigil ng paglago nito.

Sa huling taon ni Aquino, ang implasyon ay nasa 17 porsiyento at ang kawalang trabaho ay 10 porsiyento. Sinikap ni Aquino na kalasin ang mga cartel, mga monopolyo at mga oligopolyo ng mga industriya na itinatag ng mga crony ni Marcos lalo na sa mga industriyang buko at asukal. Noong 1986, nangako si Aquino ng isang reporma sa lupain. Bago ng pagluklok ni Aquino, ang halos 20 porsiyento ng populasyon ay nagmamay-ari ng 80 porsiyento ng lupain. Noong 1988 ay nilagdaan ni Aquino ang *Comprehensive Agrarian Reform Program* na ipinasa ng Kongreso ng Pilipinas na pinanaigan ng mga kasaping mambabatas nitong nagmamayari ng mga lupain. Ang batas ay nagbabahagi ng mga lupain sa mga manggagawang magsasaka mula sa mga may ari ng lupain na babayaran ng pamahalaan ngunit pumapayag rin sa mga may ari ng lupain na magpanatili ng hindi higit sa 5 hektarya ng kanilang lupain. Sa ilalim ni Aquino, ang mga sistema ng korupsiyon ng nakaraang administrasyon ni Ferdinand Marcos ay hindi rin nasugpo at ang cronyismo, padrino at paboritismo ay nananatiling nasa lugar.

Bagama't may mga pagkabigo ang pamahalaan ni Pangulong Cory Aquino ay makikita ang mga kaunlaran at pagbabagong nagawa niya habang siya ay nanunungkulan. Ipinahihiwatig sa kanyang talambuhay bilang Pangulo ang kanyang mga nagawa upang itaas ang bandera ng mga kababaihan na mayroong silang kakayahang manungkulan o mamahala. Ipinakita ni Pangulong Cory Aquino na hindi lang ang mga kalalakihan ang may matatayog na ideya sa pagmamahal at pamamahala sa Inang Bayan o nasyonalismo kung hindi pati na rin ang mga kababaihang Pilipino gayon pa man ay nilalarawan ang Pilipinas bilang isang bansa ng mga matatatag na mga kababaihan, na tuwiran at hindi tuwirang nagpapatakbo sa mag-anak, negosyo, mga tanggapan ng pamahalaan at mga hasyenda.

IMPACT OF WOMEN ON THE WORLD OF SCIENCE

Women hold strong bonds for themselves, clutching onto willpower and rectitude. Into the world of science, we don't portray ourselves as the superior gender, or as isolated entities that are capable of living alone. We *actually* believe in the equality of *all* beings, merely asking for our entitlements; thus living on in admiring the works and sequences of all life forms pertained in one common environment. Females play a role in science by contributing to the structure of the human mind by further elucidating **human** rights.

Thousands of years ago, women have been casted as shadows and have played as the "inferior" roles of society. But as time went by, the female population decided to take a stand, expressing the need to say that human beings should be seen for *who* they are, rather than for what sex they are.

In science, male and female individuals are supposed to connect- that is not dogmatic. Looking into a branch of psychology- we are supposed to understand and respect each other, for we belong to the same system. Within it, are the compliments and extensions of life and education; and that is what *creates* our world. As members of the human race, it is right for us to start looking and constructing beyond discrete circumferences. The modifications of interaction and the definition of "equity" throughout all these millenniums have progressed our sphere for the better.

The female race has helped frame society, and still continues to. Rationalism, neutrality, and consideration between one another is being understood better today. Though we still have more to comprehend; organism to organism, mind to mind, soul to soul- think of it as a new science, one of justified correlation and subscribed ideas for mankind.

Lead The Way

“What do you want to be when you grow up?” Call it ambition or call it an innocent child’s belief that dreams- big or small- were attainable; I filled my blue-red-blue lined sheet with a list of variant answers ranging from ‘teacher’, ‘astronaut’ and , most prominent among the others, ‘president of the country’.

As curious as it may seem for a child, with no education or exposure to government, to desire to be the president, I found that I was not treading on such an unorthodox path, so to speak. A ‘study’ actually shows that boys and girls at age 7, in equal numbers, want to grow up to become the president of their country. Unfortunately, however, at age 15 only 11% of the girls still hold on to this hope.¹

As it is, it is evident that most top positions in business firms, corporations, and in countries’ governments are male-dominated.

“...190 heads of state: 9 are women. Of all the people in parliament in the world, 13% are women. In the corporate sector, women at the top—C level job, board seats—tops 15-16%. The numbers have not moved since 2002 and are going in the wrong direction. Even in the non-profit world, a world we sometimes think of as being led by more women, women at the top: 20%”, says Sheryl Sanberg, COO and co-founder of Facebook in her TED women speech in 2010.

Of course, the numbers don’t lie but one cannot help but question why, in this case, it is so. One merely needs to take a moment to see how efficiently a mother can juggle the task of working while managing a household; how a long list of notable women have run countries, even²; or how, for that matter, any woman is and can be as mentally and physically competent as her male counterparts.

“The motto I try to live by is that ‘ I am anyone’s equal and no one’s superior’ , Shami Chakrabati CBE, Director

It is actually quite astounding how well-equip, dare I say more well-equip, for leadership and management women are. With regards to leading and working in groups,

“Any woman who understands the problem of running a home will be nearer to understanding the problems of running a country”

- Margaret Thatcher

women usually show excellent people-oriented skill--such as communication, general management of people, and reading into another's psyche--attention to detail, initiative, and emotional intelligence.

These are proven not only by observation but also by actual studies on the matter. To put some facts on the table, "A Harvard Business Review study showed that a business group's collective IQ went up where there was women on the team. Firms with women on their boards show 42% higher sales returns, 66% higher returns on invested capital and 53% higher returns on equity." ³

Coincidence? Not quite: "A study shows that while women speak fewer words in a day than men, they actually have a better command of the language for getting their point across.

Yahoo!'s executive CEO Marissa Myer's strategic outline for the declining company equated to a stock gain of 5.7%; its highest level, in over a year. These success rates were linked to superior communication skills."⁴

A study by Harvard Business Review also showed that women in management rated 11.58 percentile points above their male counterparts in taking initiative in the work place. " Indra Nooyi, CEO of PepsiCo. forged ahead with a plan to focus on more nutritious drinks despite criticism. It's a risk that could turn a 10 billion dollar business into a 30 billion dollar business in just 10 years."⁵

At this point, it is clear that leadership calls for more than theoretical and textbook intelligence or a commanding sort of presence. "Truly effective leadership is distinguished by a high degree of emotional intelligence", Daniel Coleman author of the "brain and emotional intelligence new insights" According to him, women outdo men when sensing a person's feelings in the moment. Though we often disregard its importance, the most significant vehicle to handle others and work as a team is to listen. As kids, we sometimes couldn't help it; our activeness and our curiosity took the reign. As we grew older, we hated hearing banal sermons of its importance; but, it turns out the authorities were right: listening is key.

"Former CEO of Ebay and current CEO of HP was featured in Psychology Today for leading with emotional intelligence. Under her 8 year reign, Ebay was the fastest growing company in history.

In her book, "the power of many" she writes 'I believe that being able and willing and able to actively listen is a vital skill for any leader. Now only is listening the right thing to do, an antidote to arrogance, it also leads to all sorts of competitive advantage"⁶

“If I just said ‘do this and do that’, nothing would ever get done. So, most of my time is spent listening. ‘How shall we approach this? Could we do this? What about that?’ and when you have that sort of discussion with people, they grow in stature and the team grows in stature”, Dame Stephanie Shirley, Philanthropist

Listen: Women, know that you too have the upper hand. So, if one day you were given another chance to answer the question “What do you want to be when you’re older?” Don’t be afraid to say “A leader”.

By: Monalisa Molion

1 Devanshi Patel, Stanford University sophomore and founder of the Stanford chapter of Students for Education Reform, in a Tedx FidiWomen Speech, 2013
2 Queen Elizabeth II, Margaret Thatcher, Gloria Macapagal-Arroyo, Corazon, Chancellor Angela Merkel, etc
3-6 MBA in minutes, MBA online- “Why Women Make Better Business Leaders”

GIVE ME THE WORD

INSTRUCTIONS: ON A ONE WHOLE SHEET OF PAPER WRITE DOWN NEW WORDS FROM THE GIVEN WORDS LISTED DOWN BELOW. PRIZES WILL BE GIVEN THOSE WHO GIVE THE MOST WORDS. PASS THIS TO THE BUSINESS OFFICE. *names are not accepted

PAREF SOUTHCREST SCHOOL

INDEPENDENCE

LEADERSHIP

FEMININITY

WILLPOWER

PASSION

EDUCATION

Pope Francis on Women

“We must reaffirm the right of children to grow up in a family with a father and a mother. The presence of women in a domestic setting is crucial to the very transmission of the faith.”

“A woman has a particular sensitivity for the things of God, above all in helping us to understand the mercy, tenderness and love that God has for us. The feminine genius is needed wherever we make important decisions.”

“Women are capable of seeing things from a different angle from us, a different eye. Women are able to pose questions we men are not able to understand.”

(Message to the Youth at UST, January 18, 2015)

“To be a mother is a great treasure. Mothers, in their unconditional and sacrificial love for their children, are the antidote to individualism.”

(Jan 7, 2015)

“I am wary of masculinity in a skirt. It is necessary to broaden the opportunities for a stronger presence of women in the church. I am wary of a solution that can be reduced to a kind of female machismo or masculinity in a skirt because a woman has a different make-up than a man. But what I hear about the role of women is often inspired by an ideology of machismo.”

(Interview, September 2013)

