

P A R E F
Southcrest



PERDUCERE SEMITAS AD ASTRA



Astris Blend

A Remote and Blended Learning Primer
SY 2020-2021

PAREF Southcrest School, Inc.

PAREF Southcrest is one of the PAREF schools in the Philippines. PAREF, which stands for Parents for Educational Foundation, started in 1977 in Manila to provide excellent education in academics and character through close home-school partnership and mentoring. In 1976, a group of parents inspired by the teachings of St. Josemaria Escriva formed a foundation whose main corporate objective is to build schools. PAREF benchmarked with similar foundations abroad like FOMENTO (Spain).

Started in 1995, PAREF Southcrest School has gradually built its reputation to be one of the best private schools in Cebu. It is a place where students are exposed to a wide range of learning opportunities to prepare them well for college and the world beyond.

The educational philosophy of PAREF Southcrest or any PAREF School for that matter, is inspired by the teachings on education of St. Josemaria Escriva who was canonized by St. Pope John Paul II on October 6, 2002.

PAREF believes that parents are the primary character educators of their children, and for a child to mature and reach her full potential, both the home and the school should share the same values and vision for their children.

School's Mission

Southcrest aims to provide a balanced and high-level of academic and personal formation for its students, their parents, faculty, and staff so that they live according to the Christian ideal in service to the community. This is achieved through active home-school collaboration among parents, school administration, faculty and mentors.

School's Vision

Academic excellence founded upon Christian virtues and values.

Statement on the Impact of COVID-19

PAREF Southcrest welcomes School Year 2020-2021 with the Astras Blend, a blended and hybrid learning program that incorporates online and face to face instruction (F2F) as demanded by the new normal in these days of pandemic, and integrates a learning climate of care, collaboration, mutual respect, open-mindedness to be able to respond to teaching and learning in a crisis.

Amidst the uncertainty and anxiety that many are facing nowadays, PAREF Southcrest offers a flexible learning program that adapts to the needs and choices of the members of the PAREF Southcrest family on how the PAREF Southcrest education can best be provided without compromising health – including mental health – safety and security.

MESSAGE FROM *The Executive Director*

Dear Parents,

As we prepare to migrate to new ways of teaching and learning, Paref Southcrest positions itself as a STEADYING AND STABILIZING SUPPORT to our students and their families as we commit ourselves to provide an excellent learning experience for your daughter/s despite the uncertainties we are facing at present.

We have decided to put all the FAQs and Astras Blend Alerts we sent you earlier together in this primer aside from other data that can help you have a better glimpse on what to expect this coming school year.

Since everything is evolving , we intend to adjust the implementation of our Astras Blend depending on how the COVID situation in our area develops. We will be releasing weekly updates as needed.

The school is using the more accessible platforms for communication like viber, FB and email. Kindly update your contact details so you are assured of being part of the group.

Here's to our continued commitment for a stronger home-school partnership.

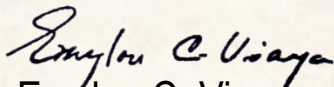

Emylou C. Visaya
Executive Director

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01

On Remote Learning

1 | How will classes be conducted this year?

Classes in PAREF Southcrest will be delivered via remote learning in the first semester (August-December) and, if conditions permit, blended learning in the second semester (January-May).

2 | What is remote learning?

Remote or distance learning refers to a learning process where student and teacher are separated by physical distance, i.e., students accomplish academic or learning activities at home, under the remote guidance or supervision of a teacher.

3 | What is blended learning?

Blended learning refers to different combinations of remote learning and onsite classes, with the following common key elements:

- ❖ Some learning activities take place online or remotely (at home)
- ❖ Some learning activities take place in school (with the physical presence of a teacher).
- ❖ Both activities combine into an integrated learning experience.

4 | Are we eventually going back to regular classes?

Based on the premise that the current health situation improves in the last few months of 2020 and in the first three months of 2021, we will make a careful, deliberate transition to regular classes.

The actual shift from remote to blended learning will take place depending on the prevailing health situation, government directives and the school's own independent assessment coincide.

5 | Is there an option for purely remote learning for the rest of the school year?

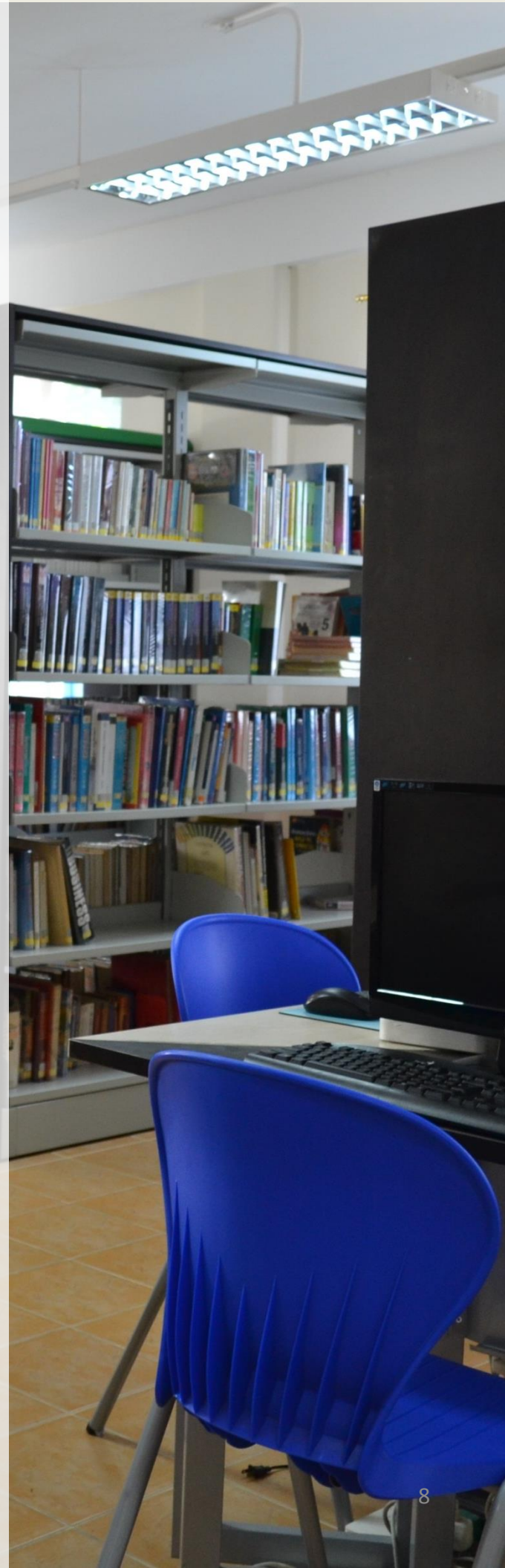
It is possible that environment conditions may compel the school to observe full remote learning for the entire school year. In such a case, the school is ready to implement this option, once the long-term health situation for Central Visayas and its environs have been sufficiently clarified.

The school is also ready to accommodate families who wish to continue remote learning for the rest of the school year, even if blended learning or regular classes are already permissible.

6 | How is remote learning different from homeschooling?

While PAREF has always been a firm proponent of home-school collaboration, Southcrest's remote learning program is not the same as homeschooling, where the responsibility for teaching is placed firmly and fully in the hands of the parents (or delegated to a full-time tutor). Here are some distinctive things to keep in mind regarding remote learning:

- ❖ The school establishes the general structure, schedule and routines for learning activities, even though these are done at home.
- ❖ Although parents help with some measure of supervision at home, teachers design the lessons and serve as the primary facilitator for all learning activities.
- ❖ Learning activities have the flexibility to accommodate individual student needs, but have fixed deadlines and clearly-defined policies.
- ❖ Remote learning provides more educator interactions through student and parent chats, subject teacher consultations, student and teacher check-ins and class advisory sessions, among others.
- ❖ Outside of individually-accomplished work, there are also regularly-scheduled interactions with peers.



7 | Under what circumstances would homeschooling be a viable option?

Homeschooling essentially means that the parents become the teacher of their children, making use of either self-made or self-acquired lessons and materials or using learning packets provided by a homeschool provider. Hence, homeschooling becomes feasible IF ...

- ❖ The parents are willing and able to learn the needed pedagogy and deepen their technical knowledge of essential subjects to teach their children effectively.
- ❖ The parents have the time and capacity to teach and supervise their children's learning at home full-time (otherwise, they will need to pay for the services of a full-time tutor at home).
- ❖ In the absence of an externally-imposed structure (i.e., fixed deadlines and grading periods), the parents can establish effective measures at home to ensure the completion of learning activities.
- ❖ The parents are willing to stretch the learning time frame to accommodate the learner's unique pace, which means the child's academic goals are not fixed within the start and end of a traditional school year.
- ❖ The parents have the necessary means and networks to create regular opportunities for socialization for their children. Socialization is a strong benefit of traditional schools.

A student who leaves the system and wishes to come back will need to take a placement test to determine whether or not she is ready to meet the academic demands of the grade level she is applying for. She will also need to submit official transfer credentials from the school she was previously enrolled in. A student who is homeschooled needs to submit an official DepEd approved document that guarantees that she has achieved the required minimum learning competencies that will enable her to succeed in the grade level that she is enrolling in.

8 | What kind of parental involvement will be needed in Remote Learning?

In remote learning, parents are expected

- ❖ To study the school's weekly learning plan (for grade school) to organize a schedule for their daughter or (for high school) to encourage her to create a schedule that balances work and rest.
- ❖ To prepare a conducive workspace for their daughter with the materials and equipment needed, including a device needed for online check-ins and accessing materials.
- ❖ As necessary (especially for students in the lower grades), to help their daughter access Google Classroom and other online tools.
- ❖ At intervals, to help process their daughter's learning experiences, difficulties and challenges.
- ❖ To encourage their daughter to take advantage of her teacher's work hours to consult and clarify.
- ❖ In the higher grades, to allow their daughter the discretion and independence she needs to become more fully responsible for her own learning.

02

On Educational Technology



1 | What learning management system (and software) will we use?

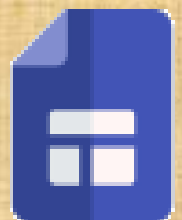
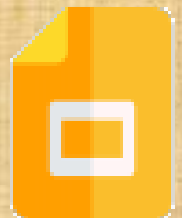
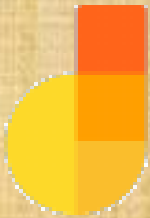
We have chosen to use **Google Classroom** as the basic learning management system for the school, given its ease-of-use and accessibility. Google Classroom allows us keep the online requirement for remote learning simple and allows us to seamlessly integrate use of the entire gamut of Google Suite services for communication and online collaboration.

In our selection of tools, we are guided by considerations of ubiquity, ease-of-use and cost.



OUR TECH STACK

- ❖ Google Meet and Zoom
- ❖ Google Suite: Classroom, Docs, Slides, Spreadsheet, Sites, Jamboard, Drive, Youtube
- ❖ VLC Media Player (for media playback)
- ❖ Online learning tools such as Kahoot! EdPuzzle, InsertLearning, FlipGrid, Padlet*



Each teacher will have her own Online Teacher's Hub where the plans, resources and Videos are stored for easy access in case there are connectivity issues. This is to also ensure that students need not waste time getting distracted with unrelated or not sound site when links are used.

While the scheduled Parents' Orientation and Student's Orientation Week on August 3-7 includes technical training sessions on the tech stack, we encourage parents and students as early as now to already explore and familiarize themselves with these tools, which are accessible online and relatively easy-to-learn.

2 | What hardware or devices will we need?

Since most of the tools and apps needed for remote learning will be web-based, we recommend the use of a desktop or laptop computer that can at least:

- ❖ connect to the internet for browsing
- ❖ run Google Chrome smoothly, since most of the tools are web-based
- ❖ play videos offline (using VLC media player)
- ❖ Run word-processing, spreadsheet and presentation software
- ❖ Include a speaker, microphone and webcam for videoconferencing
- ❖ adequate storage and processing power to edit video and audio files on occasion.

To ensure clearer audio, we also recommend the use of a headset with a microphone during synchronous (real-time) sessions.

In case a computer is unavailable or there are multiple users in the household, tablets with similar functionality may also be used.

While not absolutely required, a printer for printing reading materials and activity sheets can also be helpful for those who opt to complete activities offscreen as much as possible.



3 | What type of internet connection is needed for remote learning?

A stable internet connection of at least 5 Mbps is ideal. However, we at least recommend an internet speed of 3 Mbps per student. If there are multiple users who normally connect at the same time, it is best to use a higher bandwidth plan.

Realizing that each family's situation is different, we considered the following in designing remote learning classroom.

- ❖ Synchronous (or live sessions) are limited essentials and especially in the Primary at shorter intervals (compared to a regular class period).
- ❖ Where possible, we encourage the teachers to plan guided independent work that minimizes screen time and the time they spend online.
- ❖ Where possible, asynchronous (offline) and offscreen activities are preferred.
- ❖ The class schedule takes into account, where feasible, multiple users and tries to avoid conflict in device usage (to allow siblings to take turns).

As the volume of data needed for remote learning can vary depending on the activity, we recommend getting an affordable data plan with unlimited data.

	Laptop / Desktop	Tablet
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Processor	Minimum Specification AMD Ryzen 3 Intel i3-6th Gen	Android: Quadcore 1.3 GHz
Memory/RAM	Minimum of: 4 GB to 8 GB	Minimum of: 4 GB
Storage	500 GB - if the student is sharing the device 250 GB - if the student is not sharing the device Note: Should your device have less than the stated storage capacity, please refrain from downloading the materials. We encourage everyone to maximize google drive.	32GB - student should not be sharing the device
Model	Apple: All computers and laptops running on Yosemite 10.1 or later MacBook Air (2012 or later) MacBook Pro (2012 or later) iMac (2012 or later) Mac Mini (2012 or later) Mac Pro (2013) All computers running on Windows 7 or later, and all Chromebooks. Acer Asus Dell Google Lenovo HP Samsung	Apple: All iPad Air and iPad Pro models iPad 5th generation or later models Android: Samsung Galaxy Tab S3 Surface Pro 2017 Asus ZenPad 3S 10 Or other similar models
Screen Size	Suggested minimum size requirement: 10 inches	

Please note that you are not limited to the list above. If you have any questions about your existing device, please feel free to contact the school.

03

On Academics



1 | What subjects will the school offer?

We will offer the same set of subjects as before:

- ❖ Reading/ Literature
- ❖ Language / Composition
- ❖ Math
- ❖ Science
- ❖ Filipino
- ❖ Religion
- ❖ Civics/ History
- ❖ HELE/ HE (one semester only)
- ❖ Music
- ❖ Arts
- ❖ PE
- ❖ Health

Computer will be integrated in other subjects.

Music in High School will focus on music theory and appreciation where the students will be exposed to the best music the world has known like Classical Music, Gregorian chants, Opera, Broadway Musicals , etc.

An illustration of The Little Prince from the book 'The Little Prince' by Antoine de Saint-Exupéry. He is a young boy with golden hair, wearing a green tunic and a yellow sash, floating in space. He is holding a long, thin yellow ribbon that trails behind him. The background is a light blue sky with a yellow star in the upper left and a yellow sun in the lower right. To the right, a portion of a large, blue, cylindrical object, possibly a rocket or a planet, is visible, with a red flower-like shape on its side.

2 | For next school year, we are delighted to have new offerings for the novels which are required in the curriculum of Reading and Literature. They are as follows:

- ❖ Grade 1: The Courage of Sarah Noble
- ❖ Grade 2: Helen Keller; Charlotte's Web
- ❖ Grade 3: Wizard of Oz; The Lion, the Witch and the Wardrobe
- ❖ Grade 4: The Railway Children; From the Mixed-up Files of Mrs. Basil Franweiler
- ❖ Grade 5: Wonder; Number the Stars
- ❖ Grade 6: Little Women; The Horse & His Boy
- ❖ Grade 7: The Little Prince; Midsummer Night's Dream
Literary Circles: The Little Women; The Last Battle; The Hobbit; The Scarlet Pimpernel; The Pearl
- ❖ Grade 8: To Kill a Mockingbird; Romeo and Juliet
Literary Circles: City of Djinns; Howl's Moving Castle; The Good Earth; Beneath my Mother's Feet; I am a Cat
- ❖ Grade 9: The Fellowship of the Ring; Macbeth
Literary Circles: Jane Eyre; Pride and Prejudice; The Prince and the Pauper; Fahrenheit 451; Wuthering Heights
- ❖ Grade 10: Persuasion; Julius Caesar
Literary Circles: Kristin Lavransdatter; The Wreath; One Day in the Life of Ivan Denisovich; The Betrothed; Journey to the Center; Cry, The Beloved Country
- ❖ Grade 11: Inferno; The Little Prince
- ❖ Grade 12: The Last Time I Saw Mother; Mythology

3 | What will the remote learning classroom be like?

Google Classroom, and the collaboration and productivity apps that make up G Suite, serves as the base for learning activities per subject.

A daily and weekly schedule will be planned in such a way as to optimize limited synchronous sessions and emphasize asynchronous activities (or Guided Independent Work).

Synchronous sessions with the Class Adviser or Subject Teacher will be done via Google Meet (for breakout sessions).

On a regular, daily basis, a student will have the following activities:

- ❖ Homeroom check-in with the Class Adviser (synchronous)
- ❖ Subject enrichment periods (synchronous)
- ❖ Guided independent study (asynchronous, with option for consultations)
- ❖ Dismissal with the Class Adviser

Lessons are crafted as learning based on the curriculum PAREF Southcrest has been offering the past years and which has benefitted many of our alumnae and students in preparing them well for the top universities in the Philippines and abroad. Formative and summative assessments are given at the end of each module to test for understanding and mastery. There will also be many instances of integration across different subjects.

The materials to be used for classes are textbooks, online learning resources or learning packets prepared by the teacher. The idea is also to use learning technologies judiciously, considering the students' needs, their access to technology, and circumstances at home. (Hard copies of textbooks can be obtained via drive-through or courier shipment. Please expect a separate email update once the details are finalized.)

4 | What will the class schedule look like?

Sample class schedule:

REMOTE LEARNING SCHEDULE: PRIMARY					
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 - 8:30	Mass	Mass	Mass	Mass	Mass
8:30 - 8:45	BREAK				
8:45 - 9:00	CAP	CAP	CAP	CAP	CAP
9:00 - 10:00	Math	Science	Civics	Filipino	Religion
10:00 - 10:15	BREAK				
10:15 - 11:15	Reading	Language	PE	Mus/ART	Math
11:15 - 12:45	LUNCH				
12:45 - 1:45	Math	Science	Civics	Filipino	Religion
1:45 - 2:00	BREAK				CAP
2:00 - 3:00	Reading	Language	CAP	Science	Clubs
3:00 - 3:15	CAP	CAP	CAP	CAP	
3:15 - 4:00	Mentoring/Consultations				

REMOTE LEARNING SCHEDULE: INTERMEDIATE					
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 - 8:30	Mass	Mass	Mass	Mass	Mass
8:30 - 8:45	BREAK				
8:45 - 9:00	CAP	CAP	CAP	CAP	CAP
9:00 - 10:00	Civics	Filipino	Science	Religion	Math
10:00 - 10:15	BREAK				
10:15 - 11:15	Language	Reading	HELE	Math	Science
11:15 - 12:45	LUNCH				
12:45 - 1:45	Civics	Filipino	Science	Religion	Math
1:45 - 2:00	BREAK				CAP
2:00 - 3:00	ART/Mus	Language	Reading	PE	Clubs
3:00 - 3:15	CAP	3:00 - 4:00 CAP	CAP	CAP	
3:15 - 4:00	Mentoring		Mentoring	Mentoring	

REMOTE LEARNING SCHEDULE: JUNIOR HIGH SCHOOL					
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 - 8:30	Mass	Mass	Mass	Mass	Mass
8:30 - 8:45	BREAK				
8:45 - 9:00	CAP	CAP	CAP	CAP	CAP
9:00 - 10:00	Science	Literature	Composition	Mus/ART	Math
10:00 - 10:15	BREAK				
10:15 - 11:15	Religion	Math	History	Filipino	PE
11:15 - 11:30	BREAK				
11:30 - 12:30	Science	Literature	Composition	Filipino	Science
12:30 - 1:30	LUNCH				
1:30 - 2:30	Health/HE	Math	History	Math	CAP
2:30 - 2:45	BREAK				CAP
2:45 - 3:45	Religion	2:45 - 3:00 CAP	Science	2:45 - 3:00 CAP	Clubs
3:45 - 4:00	CAP	Mentoring/Consultations		CAP	
4:00 - 4:30	Mentoring/Consultations				

5 | How will my daughter be assessed?

The remote learning format demands that we change how we give assessments. There will be more formative assessments (not graded) since the focus will be more on learning.

Summative (graded) assessments in most subjects will be done using alternative assessments in the form of performance tasks or authentic assessments. We are assuming an open-book, open-notes policy so the assessments will target higher order thinking skills or applying knowledge or skills in new or novel situations.

We will not have quarterly exams this school year.

6 | How will my daughter be graded?

We will continue with the present numerical grading system of the school but we are ready to adjust if the Department of Education mandates otherwise.

7 | Will we still have awards?

In principle unless DepEd changes the grading system, we will continue giving awards based on the usual criteria.

8 | Will there be remedials and enrichment sessions?

Yes as it has been a tradition in Paref Southcrest to offer remedials to students who need more assistance in learning.

Should there be online interschool competitions, we will be more than delighted to have our students join such.

9 | What happens if a student submits a project late?

If the reason is poor connectivity (we trust that our students will do what is right), then the principle of leniency is applied as long as all other available options are applied.

04

On Personal Formation



1 | Will personal formation for parents and students continue?

Yes, they will.

In fact, we realized that being compelled to follow a mostly remote implementation allows us to intensify our personal formation activities. For example, Our Catholic Doctrine Class for teachers shifted naturally to an online mode during the quarantine. By the same token, we see that student and parent formation can be delivered more conveniently despite our circumstances.

2 | How will Personal Formation be integrated in the Astras Blend curriculum?

Personal Formation will continue to be the cutting edge of the PAREF education, even online.

The students will continue to receive a personalised PAREF formation in character and virtue development through the various programs especially E-mentoring, the Class Advisory modules and chaplaincy services.

There is also a line-up of activities for parents, as we continue to value and foster home-school partnership so much needed in this new normal.

3 | What is E-Mentoring?

Each student is assigned a personal formation mentor, just like every school year, to guide her in her wholistic development: academic, personal, emotional, social and spiritual development. The mentor chats with the student and the student's parents on a regular basis or as needed and desired.

4 | How will the E-mentoring be conducted?

Mutual trust is needed for E-mentoring to be effective.

Chats will be conducted through any of the platforms most convenient for the parents and mentor: example – a call through cell phone, landline, viber, FB messenger.

It is important that communication lines are open and clear. Since many of the younger students do not have their own phones, for Grade School students, the mentor informs the parent/guardian of the student of her plan to conduct a mentoring chat.

Protocols on data privacy will be followed. Only specific teachers and staff members can have access to parents' and students' contact details, and purely for school-related activities.

A mentoring schedule is plotted during the school and working hours: for example, Grade School: 3:00 PM - 4:30PM. For High School, 4:00 PM - 4:45 PM.

5 | How often will E-mentoring take place?

The student can chat with her mentor at least once a month or as needed. The parents are chatted with as well at least once a quarter or as needed.



6 | How will the class advisory modules be conducted?

The Class Adviser provides the modules twice a month.

The modules will focus on the development of specific virtues to build character and to help the students live the essential core values of the school on Love for God, Respect, Responsibility and Concern for Others.

This school year, we have ordered an age-appropriate series on the Theology of the Body for Kids program which gives a more positive and beautiful way of presenting our humanity, seeing each person as essentially a gift for the others. This is a way of teaching about the human person, love and sexuality from their original meaning, design and purpose.

7 | What are the chaplaincy services this school year?

Unless it is safe to provide these services onsite, all of these will be provided online:

The services are as follows:

- ❖ Class Mass sponsorship and daily online homilies
- ❖ Chats with the Chaplain with the parents of the First Communicants, the dads of those who will be confirmed, the new parents and the Parent Coordinators although the chaplain is available for chats for any parent who so desires it
- ❖ Online spiritual direction for students
- ❖ Regular meditations or guided prayer provided by the chaplain
- ❖ Recollections, retreats and classes about the Catholic faith.



8 | What are the other Personal Formation Programs offered to the students?

Considering the socio-emotional and leadership development of the students, the school will continue to offer the following programs and activities: Sports Training Program, Outreach or service learning activities, Student Leadership programs and Student Council Campaigns and Projects, Student Publications like The Crest Online and Guidance and Counseling Services. We will continue to link with other institutions and programs that can facilitate fostering leadership skills and advocacy or solidarity among our students.

9 | Are you also offering international exposure to your students?

We can have a link-up with the other schools like PAREF all over the world so that our students can learn how to interact with people of different cultures, learn from people who may think differently from them and acquire a more global mindset.

There are plans to tie up with educators abroad to hold an online international reading competition.



10 | What is the sports training program for Varsity Players of the school this coming school year?

In the Sports Training Program, advanced online activities will be offered with the aim of developing the HIGHER SKILLS needed in a specific sports for competitive level. Students who are part of the Sports Training Program are exempted to join the PE classes. We have the following optional Varsity Sports Training Program:

- ❖ Badminton
- ❖ Futsal
- ❖ Lawn Tennis and
- ❖ Volleyball

Since this is optional, a minimal fee will be charged.



11 | What is the Outreach Program this year?

Aptly titled CoVIDgillance, the outreach program is headed by the student organization Bayanihan in close collaboration with The Crest and Student Council. An ongoing project since March 2020, the program has helped some frontliners and those in need by providing PPEs, face masks, food rations through the generous contributions of Southcrest families and friends. It will continue to be open for donations. Outreach will also be integrated in some subjects.

The annual school-wide outreach done in honor of Our Lady of the Immaculate Conception in December will continue to be planned by the class advisers with the students and with the help of some parents.



THE BEST CLASSIC NOVELS OF ALL TIME, According to Readers

12 | What will the projects of The Student Council and The Crest be like this year?

The student organizations will continue to promote school spirit and solidarity in these times through the campaigns and celebrations during the year.

Some students have initiated a Book Club to foster the love of reading among our students. The school has been showing films based on classics last school year. We will continue sharing reviews about movies and books to help parents and girls assess their suitability and significance.



The Crest



13 | What is the Parent Formation program this coming school year?

Parents are the primary educators of their children. The school will offer support to parents through its parent education programs such as the NPEP, School for Parents, peer coaching, and formational activities like retreats and recollections and classes about Catholic teachings.

14 | What is the NPEP?

The NPEP (New Parents Educational Program), an education program for parents new to PAREF, consists of five modules (4 case studies and 1 family visioning exercise) given by Educhild Foundation during the first year of a new family in PAREF. The topics of the modules include Family Visioning , Strengthening Marital Love and Relationship, Deliberate parenting; Dignity of the Human Person, and Home-school Partnership and Collaboration.

15 | What is peer coaching? How will it be done?

Through peer coaching, parents especially those new to PAREF are helped to consciously and deliberately choose to become a better spouse, a better parent and a better person with the help of a peer coach who had experienced in helping families attain such goals.

16 | What is the School for Parents?

The school will offer webinars to parents on strengthening their marital relationships and being better parents offered by well-known international groups of Catholic experts on these subjects like the Theology of the Body Institute, professors from the Franciscan University of Steubenville, and the International Federation of Family Development. (IFFD) which has a voice in the United Nations.

The school banks on the assistance of parents to help other parents be better spouses, parents and persons. While this does not make those helping other parents better than the ones being helped, they provide a support system to PAREF families especially since the family as an institution is now under attack.

17 | Will we still have Mother-Daughter and Father-Daughter and Family Day activities?

Definitely! But all online unless by a miracle, we find the world COVID-free. For the Family Day, we will celebrate it as one big PAREF Southcrest family despite the presence of colours.

18 | How will the Guidance Office offer its services in the new normal?

The school has a Guidance Office composed of licensed and registered guidance counselors to help members of the Paref Southcrest family and community adapt to the new normal and build emotionally resilient students during these changing and trying times using a digital platform.

The office can offer e-counseling or teletherapy or confidential online guidance and counseling services over the internet through email, text messaging, real-time chat, sessions over the phone, a group chat for group therapy, mobile device apps and video conferencing following safe technology practices and obtaining informed consent.

E-counseling can occur in real-time such as in phone conversations, or in a time-delayed format such as through email messages.

Should you have queries or suggestions, please feel free to contact Ms Queenie Tan, the Associate Director for Personal Formation.

19 | How will the Personal Development Grade (PDG) be assessed?

The PDG will be modified considering the demands of the new normal and will have the following components:

A. Order and Hardwork

- ❖ She tries her best to listen attentively to what the teacher and her classmates say to facilitate learning; she raises her hand when she wants to say something and waits for the teacher's go-signal before doing so; seeks help from her teacher and peers
- ❖ She works on the exercises given with focus and submits well-done work on time and with serenity , without making a fuss or complaining.
- ❖ She is realistic in her abilities and tries to manage time well knowing that it is a gift from God ; is punctual in class and informs the teacher if she will not be able to be present or to submit a requirement due to connectivity and/or other issues;

B. Love for the Truth

- ❖ Tries her best to communicate the beauty of the truth in her academic disciplines and relationships with charity; seeks advice in the chat and in spiritual direction.
- ❖ Respects the reputation , privacy and freedom of persons and uses the different means of communication responsibly.
- ❖ Practices academic honesty and integrity ; takes great pride in knowing that the work she does is her own work and does not present the work of others as her own; she uses the ideas or words or statements or contribution of another person with due acknowledgement.



C. Optimism and Cheerfulness

- ❖ Is well-mannered and courteous and fosters a pleasant, and welcoming atmosphere in class; greets properly; says thank you or I'm sorry etc.
- ❖ Is friendly to all her classmates, and shows concern to those in need and volunteers to assist them; Suggests to the class adviser or teacher on how best to help others.
- ❖ In the face of uncertainty and anxiety, she tries to look for ways to unwind and to rest at the same time to promote Serenity and peace in herself, her family and class

D. Love for God and Service to Others

- ❖ She tries to remember that she is a child loved by Her Father God and responds to God's love by spending time to talk with God, with our Lady and with the saints in prayer and the sacraments (like the Holy Mass, mental prayer, rosary, and other norms of piety) and in other means of spiritual formation like meditation, recollection, spiritual direction, etc.
- ❖ As a daughter of God, she tries to see the others also as children of God and treats them with tact, respect and affection, and offers sacrifices for them for their conversion.
- ❖ As a daughter of God, she tries to imitate Jesus by helping others be closer to God.

05

On School Fees and Enrollment



1 | Will there be a reduction in school fees for SY 2020-2021?

To ease the financial burden of Southcrest families, we have made the following adjustments on our School fees:

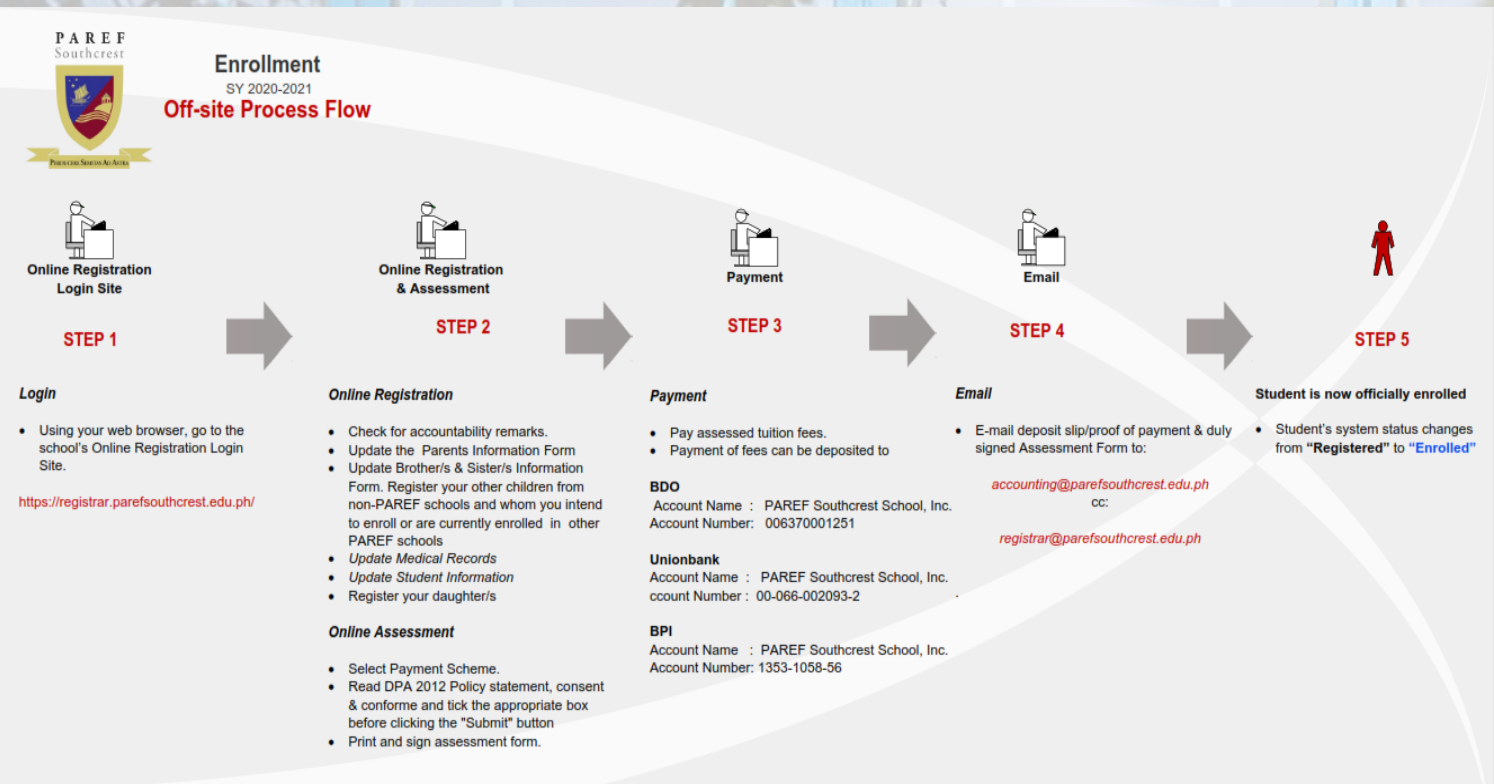
- ❖ No Tuition Fee (TF) increase
- ❖ A 30-50% reduction in the Miscellaneous Fee (MF)
- ❖ We also offer more easy installment payment schemes for Tuition Fee and Miscellaneous Fees

Many may be wondering why the COE has not been reduced despite the shift to Remote Learning. The school has fixed operating expenses and, by law, 70% of increases are allocated to salaries, wage-related benefits of our teachers and staff whose families are also facing economic challenges. The rest of the amount go to the maintenance and improvement of the school facilities and educational resources and the cost of operation..

2 | Can Southcrest consider online payment scheme?

Yes, enrolment and payment of fees will be online.

Below is the off-site enrolment process flow. Online Registration and Enrolment will start on May 27, 2020.



For comments, suggestions and queries, please do not hesitate to contact our Associate Director for Finance, Mrs. Ma. Cerelina Tan at accounting@parefsouthcrest.edu.ph.



*An hour of study,
for the modern apostle,
is an hour of prayer.*