



**Grade LEVEL 5 - (HELE)**

**Topic Outline**

**SY 2021 - 2022**

**Teacher: Korina Sanchez**

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## **Module 1: Basics of Bed Making (week 1)**

- Parts of the Bed and Materials used in bed making
- Steps in bed making
- Demonstration of a 3-Piece Bed Making Technique

## **Module 2: Towel Folding and Arrangement (week 2)**

- Techniques in Folding Towels
- Storing and Arranging Towels

## **Module 3: Introduction to the Kitchen**

- Basic Kitchen Tools & Equipment used in preparing meals (week 3)
- Storage & Safety Procedures in operating kitchen equipment
- Organizing Kitchen Tools (week 4)

## **Module 4: Preparing a No Cook Meal or Dessert (week 5)**

- Basic Food preparation Terms & Techniques
- Safety in Handling Food Items
- Demonstrate a No Cook meal or dessert

## **Module 5: Basic Table Setting (Formal Dining) & Napkin Folding Techniques (week 7)**

- Arrange table cutlery and accessories in a formal setting
- Demonstrate 5 Napkin Folding Techniques (week 6)

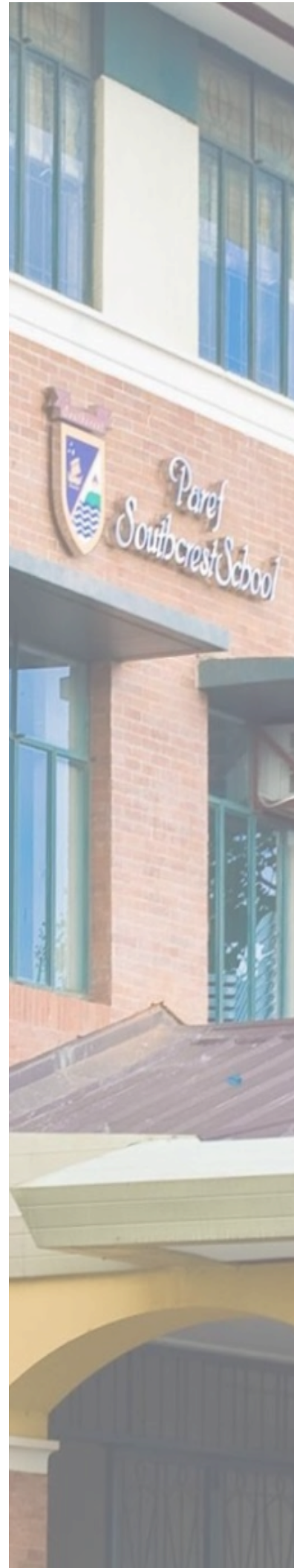
## **Module 6: The Art of Cleaning your Bedroom**

- Tools & Materials for Bedroom Cleaning (week 8)
- Steps in Cleaning the Bedroom (week 9)
- Declutter the Clutter (week 10)
- Organizing your Books & Magazines (week 11)
- Making room for Closet Space (week 12)

## **Module 7: Home Improvement**

### **2A: Recycling Basics**

- Starting a recycling bin for home projects (week 13)





**PAREF** Southcrest

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- Project Upcycle: DIY Cloth Bracelet (Macrame) (week 14)

**2B: I'll be Home for Christmas!**

- Christmas Hanging Ornament (week 15)

