



Grade LEVEL 7 - (HELE)

Topic Outline

SY 2021 - 2022

Teacher: Lianne Sugar Monato

1st Quarter

I. **Decluttering:**

- Decluttering, the joy of having less.
- Kinds of Clutter
- Why Declutter
- Basic Steps In Organizing
- Tips in Decluttering

II. **Bathroom Cleaning and Safety**

- Introduction on how to Clean the Bathroom
- Importance of Cleaning the Bathroom and its Benefits
- Safety Bathroom
- Cleaning Materials Needed
- The Ultimate Guide to Cleaning a Toilet

III. **Preparing Simple Dessert**

2nd Quarter

I. **The Art Of Hospitality: Having a welcoming mindset**

- 10 ways to have a better conversation
- The art of Hospitality
- Hostmanship
- Master the Art of Conversation
- Organizing the Bedroom to facilitate a good night sleep

II. **Introduction to Basic Crochet**

III. **Dressmaking**

- Basic Sewing Materials
- Taking Body Measurements

